

Best Phosphatidylserine provides the vital brain nutrient phosphatidylserine (PS) in a matrix of other phospholipids. PS is a building block for the brain's nerve cell connections (synapses).^{*} Numerous double-blind clinical trials document the benefits of PS for memory, learning, and other cognitive functions. PS also helps the body cope with stress.^{*}

Supports memory, learning, and other cognitive functions*

Assists the brain and body in coping with stress*

Facilitates nerve cell connectivity*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured for **Doctor's Best, Inc.**
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Doctor's
BEST

**Science-Based
Nutrition™**

**Dietary
Supplement**



SerinAid
Phosphatidylserine

**Best
Phosphatidyl
serine**

POWERFUL MEMORY SUPPORT*

100mg / 120 Veggie Caps 

Supplement Facts

Serving Size 1 capsule

Servings per container 120 servings

	Amount per serving	% Daily Value
SerinAid® Phosphatidylserine	200 mg	†
providing: Phosphatidylserine (PS)	100 mg min.	
Phosphatidylcholine	24 mg max.	
Phosphatidylethanolamine	20 mg max.	

† Daily Value not established.

Other Ingredients: Cellulose, modified cellulose (vegetarian capsule), silicon dioxide, magnesium stearate (vegetable source). **Contains Soy**

Suggested Adult Use: Take 1 capsule 2 or 3 times daily with meals, or as recommended by a health care professional or physician.

Non-GMO and Gluten Free
Store in a cool, dry place.



YDRB220-1