

Directions: For best results, take three (3) tablets all at once with a meal. **OR** one (1) tablet three times daily with meals.

Supplement Facts

Serving Size Three (3) Tablets
Servings Per Container 40

Amount Per Serving	% Daily Value
Glucosamine Hydrochloride	1.5 g (1500 mg) *
MSM (methylsulfonylmethane)	1.5 g (1500 mg) *
Uniflex (FruiteX-B	216 mg *
Calcium Fructoborate)	
Chondroitin Sulfate	200 mg *
Joint Fluid (Hyaluronic Acid)	3.3 mg *

*Daily Value not established.

Other Ingredients: Cellulose, coating (hydroxypropyl methylcellulose, modified corn starch, titanium dioxide, polyethylene glycol, glycerin, magnesium stearate), croscarmellose sodium, magnesium stearate, silicon dioxide, hydroxypropyl cellulose. Contains shellfish (shrimp, crab, lobster and crayfish).

Manufactured by Reckitt Benckiser
Parsippany, NJ 07054-0224
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For information call: 1-800-526-6251

Visit MoveFree.com for Joint Health and Fitness Tips

Chondroitin Sulfate is derived from bovine and porcine sources. **Note: If pregnant, lactating or on prescribed medication, consult your physician before using.**

GUARANTEED: No added sugar (sucrose, fructose, lactose), salt (sodium chloride), yeast, wheat, gluten or milk. No preservatives or artificial flavors.

**KEEP OUT OF REACH OF CHILDREN.
STORE IN A COOL, DRY PLACE WITH LID TIGHTLY CLOSED.**

OptiMSM the MSM in this product, is a registered trademark of Bergstrom Nutrition.

FruiteX-B Calcium Fructoborate is a registered trademark of VDF FoodCulticals, Inc. FruiteX-B® Calcium Fructoborate is manufactured under US Patent #5,902,049 and pending foreign patents. Used under license from VDF FoodCulticals, Inc.



**GLUCOSAMINE
CHONDROITIN
PLUS MSM**

At Schiff, we're dedicated to finding the most effective ways to help people move better and feel better. Move Free's formula takes Glucosamine/Chondroitin to the next level by adding Uniflex, Hyaluronic Acid and MSM. So, it actually helps improve your joint health.*

We're also dedicated to making our tablets easy to swallow, which is why Move Free® has smaller tablets than other leading joint care brands.* Our exclusive Schiff, state-of-the-art technology allows us to pack the same amounts of our powerful ingredients into a smaller, easy-to-swallow tablet.



ACTUAL
SIZE

MOVE BETTER, FEEL BETTER® WITH
Move Free®

PROUD SPONSOR
OF THE

ARTHRITIS
FOUNDATION

Schiff, the maker of Move Free®, is proud to support the Arthritis Foundation's efforts to help people take control of arthritis. For information about arthritis, contact the Foundation at 800-558-0445 or www.arthritis.org.

EARN POINTS

**Schiff
Loyalty Rewards**

Earn points for valuable rewards. See cap sticker for details.

1 Am. J. Biomed. Sci. 2012; 4(2): 111-122.
3 Move Free® tablets are smaller than other leading joint care products containing the combination of glucosamine and chondroitin.
4 Contains 20% more tablets than the 120 count size.



**GLUCOSAMINE
CHONDROITIN
PLUS MSM**

20% MORE FREE*

20% MORE FREE*



**GLUCOSAMINE
CHONDROITIN
PLUS MSM**

Flexibility | Comfort | Lubrication
Plus EXTRA Cartilage Support*

DIETARY
SUPPLEMENT

ENTRUS

144 3 PER DAY
COATED TABLETS



**GLUCOSAMINE
CHONDROITIN
PLUS MSM**

Our Schiff, Move Free® Plus MSM formula contains premium-quality ingredients to comfort your joints:

UNIFLEX®: A clinically tested mineral complex found naturally in fruits and vegetables that is patented to deliver protection and comfort of joints.*¹

JOINT FLUID: Helps to lubricate, rejuvenate, re-hydrate and repair joints.* Clinical studies show that oral hyaluronic acid is absorbed into joints. (Balogh, L. et al., *J Ag Food Chem* 2008)



GLUCOSAMINE: Helps by strengthening, protecting and rebuilding joints.*

CHONDROITIN: Assists in lubricating and cushioning joints.*

METHYLSULFONYLMETHANE (MSM): A natural source of sulfur found in the body which is important in the formation of collagen in joints. The amount of MSM found in Move Free® Plus MSM is the tested amount shown to support joint comfort and soothe joints.*



Schiff's SURE DISSOLVE tablets are formulated to disintegrate within one hour.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

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