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Since 1946



Advanced
PLUS MSM

with Glucosamine + Chondroitin

SUPPORTS
5 SIGNS OF
JOINT
HEALTH

Mobility
Comfort
Strength
Flexibility
Lubrication

PLUS: Extra Cartilage Support

120 COATED DIETARY 3 PILLS
TABLETS SUPPLEMENT PER DAY

061815
8170661



0 20525 11868 4

Easier to swallow tablets*



We know that taking big pills every day can be a challenge. That's why we have developed easier to swallow, smaller tablets than other leading joint care brands*. Our exclusive state-of-the-art technology allows us to pack the same amount of our powerful ingredients into a smaller tablet, making it easier to take every day for the best possible results.

Proud sponsor of the
**ARTHRITIS
FOUNDATION®**
www.arthritis.org

Move Free® is a Proud Sponsor of
the Arthritis Foundation®:

Move Free® is proud to support the Arthritis Foundation's efforts to help people take control of arthritis. Funds from Move Free® are used for cutting-edge scientific research, advocacy and education.

Visit www.movefree.com

*Move Free® Advanced tablets are smaller than other leading joint care products containing the combination of glucosamine and chondroitin.

DIRECTIONS: Adults take three (3) tablets once a day with a meal **OR** one (1) tablet three times daily with meals.

Supplement Facts

	Amount Per Serving	% Daily Value
Serving Size 3 Tablets		
Servings Per Container 40		
Calories	5	
Total Carbohydrate	2 g	<1%*
Glucosamine Hydrochloride	1.5 g (1500 mg)	†
MSM (methylsulfonylmethane)	1.5 g (1500 mg)	†
Uniflex® (FruiteX-B® Calcium Fructoborate)	216 mg	†
Chondroitin Sulfate	200 mg	†
Joint Fluid (Hyaluronic Acid)	3.3 mg	†

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: cellulose, coating (hydroxypropyl methylcellulose, modified corn starch, titanium dioxide, polyethylene glycol, glycerin, magnesium stearate), croscarmellose sodium, magnesium stearate, silicon dioxide, hydroxypropyl cellulose.

CONTAINS SHELLFISH (SHRIMP, CRAB, LOBSTER, AND CRAYFISH)

Distributed by: Reckitt Benckiser

Paramaribo, NJ 07754-0224

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For information call: 1-800-526-6251

www.movefree.com

KEEP OUT OF REACH OF CHILDREN.

Not for use by pregnant or breastfeeding women. If on prescribed medication, consult your physician before use.

Not available for use by anyone under the age of 18 years old.

Protected with a tamper evident seal. Do not use if seal under cap is broken or missing.

Store in a cool, dry place with lid tightly closed.

Chondroitin Sulfate is derived from bovine and porcine sources.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

FruiteX-B® Calcium Fructoborate is a registered trademark of VDF FutureCeuticals, Inc. FruiteX-B® Calcium Fructoborate is manufactured under US Patent #6,962,243 and pending foreign patents. Used under license from VDF FutureCeuticals, Inc.

FruiteX-B®



HOW DOES MOVE FREE® WORK?

Move Free® Advanced supports 5 signs of joint health: mobility, flexibility, strength, lubrication and comfort so you can do the things you love:

Glucosamine:

Glucosamine is key for the formation of cartilage, an essential building block of your joints. Glucosamine also supports the mobility and flexibility you want in everyday life.*

Chondroitin:

Chondroitin is a building block of cartilage that supports joint strength by helping to resist compression in the joints. Chondroitin attracts fluid to your joints to support cushioning and lubrication.*

Uniflex®:

Uniflex® is a clinically tested mineral complex that supports joint comfort in as little as 2 weeks!*

Joint Fluid (or Hyaluronic Acid):

Hyaluronic Acid is the same molecule found in healthy joint fluid that supports joint lubrication and smooth movement. As we get older, our levels of HA tend to decrease.*

Move Free® Advanced Plus MSM also provides extra cartilage support:

Methylsulfonylmethane (MSM):

MSM is a source of sulfur found in the body that is important in the formation of collagen in joints*. Collagen is a vital part of your joints because it supports the structure of cartilage. The amount of MSM found in this formula is the tested amount shown to support joint comfort.*

OptiMSM® The MSM in this product is a registered trademark of Bergstrom Nutrition.

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