

**GNC**  
HERBAL PLUS®

KEEP OUT OF REACH  
OF CHILDREN.  
Store in a cool, dry place.

For More Information:  
1-888-462-2548

**SHOP NOW @ GNC.COM**

Distributed by:  
General Nutrition Corporation  
Pittsburgh, PA 15222

# Valerian Root 1500<sub>MG</sub>

HERBAL SUPPLEMENT

*Promotes Rest  
and Relaxation\**

Whole Herb  
100 TABLETS



CODE 188112

EPG

Directions: As a dietary supplement, take three tablets daily.

## Supplement Facts

Serving Size Three Tablets

Servings Per Container About 33

### Amount Per Serving

|                                                          |          |
|----------------------------------------------------------|----------|
| Valerian Root Powder<br>( <i>Valeriana officinalis</i> ) | 1500 mg* |
|----------------------------------------------------------|----------|

\* Daily Value not established.

**Other Ingredients:** Cellulose, Dicalcium Phosphate, Titanium Dioxide (Natural Mineral Whitener), Vegetable Acetoglycerides.

**WARNING:** Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

Potency verified by TLC. Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

No Sugar, No Starch, No Artificial Colors, No Artificial Flavors, No Preservatives, Sodium Free, No Wheat, No Gluten, No Corn, No Soy, No Dairy, Yeast Free.

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

