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Tomat-O-Red® is a registered trademark of LycoRed LTD.

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NIAGEN® is a registered trademark of ChromaDex, Inc., Patents see: www.ChromaDexPatents.com.

Manufactured for:
Quality Supplements and Vitamins, Inc.
Ft. Lauderdale, FL 33309

LifeExtension.com

To report a serious adverse event or obtain product information, contact
1-866-280-2852.

Once-Daily Health Booster
(Formerly Super Booster)

Supplement Facts
Serving Size 1 Softgel

Amount Per Serving		% Daily Value
Vitamin E (as D-alpha tocopherol)	45 IU	150%
Vitamin K activity from:	2200 mcg	2750%
Vitamin K1 (as phytonadione)	1000 mcg	
Vitamin K2 (as menaquinone-4)	1000 mcg	
Vitamin K2 (as menaquinone-7)	200 mcg	
Vitamin B12 (as cyanocobalamin)	300 mcg	5000%
Chlorophyllin (from sodium magnesium chlorophyllin)	100 mg	**
Gamma E Mixed Tocopherols	359 mg	**
MacuGuard® Carotenoid Phospholipid Blend Phospholipids, marigold extract (flower) [providing 10 mg free lutein, 4 mg *meso*-zeaxanthin & *trans*-zeaxanthin]	145 mg	**
C3G (Cyanidin-3-glucoside) [from European black currant extract (fruit)]	2.2 mg	**
Lycopene proprietary blend [from Micronized Lycopene and Tomat-O-Red® natural tomato extract (fruit)]	10 mg	**
Sesame seed lignan extract	20 mg	**
Wild blueberry whole extract (fruit)	100 mg	**

**Daily Value not established.

Other Ingredients: gelatin, flax seed oil, soy lecithin (phosphatidylcholine), glycerin, corn oil, safflower oil, purified water, olive oil, sunflower oil, sunflower lecithin, soy fatty acids, carob color, silica, potato maltodextrin.

Contains soybeans.

Super Bio-Curcumin

Supplement Facts
Serving Size 1 Vegetarian Capsule

Amount Per Serving		% Daily Value
BCM-95® Bio-Curcumin® turmeric 25:1 extract (root) [std. to 95% Total Curcuminoids Complex with Essential Oils of Turmeric Rhizome by HPLC (380 mg)]	400 mg	**

**Daily Value not established.

Other ingredients: rice flour, vegetable cellulose (capsule), vegetable stearate, silica.

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Two-Per-Day Capsules

Supplement Facts
Serving Size 2 Capsules • Servings Per Container 30

Amount Per Serving		% Daily Value
Vitamin A (as beta-carotene and acetate)	5000 IU	100%
Vitamin C (as ascorbic acid, niacinamide and calcium ascorbates)	500 mg	833%
Vitamin D3 (as cholecalciferol)	2000 IU	500%
Vitamin E (as D-alpha tocopheryl succinate, D-alpha tocopherol)	100 IU	333%
Thiamine (vitamin B1) (as thiamine HCl)	75 mg	5000%
Riboflavin (vitamin B2) (as riboflavin and riboflavin 5'-phosphate)	50 mg	2941%
Niacin (as niacinamide and niacinamide ascorbate)	50 mg	250%
Vitamin B6 (as pyridoxine HCl and pyridoxal 5'-phosphate)	75 mg	3750%
Folate [from lemon extract (peel)]	400 mcg	100%
Vitamin B12 (as methylcobalamin)	300 mcg	5000%
Biotin	300 mcg	100%
Pantothenic acid (as D-calcium pantothenate)	100 mg	1000%
Calcium (as calcium ascorbate, D-calcium pantothenate)	12 mg	1%
Iodine (from kelp)	150 mcg	100%
Magnesium (as magnesium oxide)	100 mg	25%
Zinc (as zinc citrate, OptiZinc® zinc monomethionine)	30 mg	200%
Selenium [as Se-Methyl L-Selenocysteine, L-selenomethionine (yeast free) (SelenoPure™), sodium selenite]	200 mcg	286%
Manganese (as manganese gluconate)	2 mg	100%
Chromium [as Crominex® 3+ chromium stabilized with Capros® amla extract (fruit) and PrimaVie® Shilajit]	200 mcg	167%
Molybdenum (as molybdenum amino acid chelate)	100 mcg	133%
Potassium (as potassium citrate)	25 mg	1%
Alpha lipoic acid	25 mg	**
Boron (as Albion® borrganic glycine)	3 mg	**
Choline (as choline bitartrate)	20 mg	**
Inositol	50 mg	**
Marigold extract (flowers) [std. to 5 mg *trans*-lutein and 155 mcg *trans*-zeaxanthin]	11.12 mg	**
Lycopene [from Tomat-O-Red® natural tomato extract (fruit)]	2 mg	**
Natural mixed tocopherols (providing gamma, delta, alpha, beta)	20 mg	**
NIAGEN® Nicotinamide Riboside	1 mg	**

**Daily Value not established.

Other ingredients: vegetable cellulose (capsule), microcrystalline cellulose, silica, vegetable stearate, calcium silicate, maltodextrin, chlorophyllin.

Contains soybeans. Due to the source of the kelp, this product may contain fish and shellfish.

LifeExtension®

Comprehensive Nutrient Packs ADVANCED

Daily Supply of Key Nutrients in Convenient Packets

Dietary Supplement

30 Packets

Super Ubiquinol CoQ10
Enhanced Mitochondrial Support™

Supplement Facts
Serving Size 1 Softgel

Amount Per Serving		% Daily Value
Calories	5	
Calories from Fat	5	
Total Fat	0.5 g	1%†
Ubiquinol (as Kaneka QH Ubiquinol®)	100 mg	**
PrimaVie® Shilajit fulvic acid complex	100 mg	**

**Daily Value not established. †Based on a 2,000 calorie per day diet.

Other ingredients: sunflower oil, gelatin, glycerin, purified water, beeswax, caramel color.

Super Omega-3 EPA/DHA
with Sesame Lignans & Olive Fruit Extract

Supplement Facts
Serving Size 2 Softgels • Servings Per Container 30

Amount Per Serving		% Daily Value
Calories	25	
Calories from Fat	25	
Total Fat	2.5 g	4%†
Saturated Fat	0 g	0%†
Cholesterol	<5 mg	2%†
Pure-ɘ™ Wild Fish Oil Concentrate	2000 mg	**
Yielding: EPA (eicosapentaenoic acid)	700 mg	**
DHA (docosahexaenoic acid)	500 mg	**
Typical DPA (docosapentaenoic acid)	78 mg	**
Polyphen-Oil™ Olive extract (fruit and leaf) [providing 19.5 mg polyphenols, 5.2 mg hydroxytyrosol/tyrosol, 4.4 mg verbascoside/oleuropein]	300 mg	**
Sesame seed lignan extract	10 mg	**

**Daily Value not established. †% Daily Value is based on a 2000 calorie diet.

Other ingredients: highly refined fish oil concentrate (anchovy, mackerel), gelatin, glycerin, purified water, silica, maltodextrin, caramel color, sunflower lecithin, mixed tocopherols, rosemary extract.

DIRECTIONS: Take one (1) packet daily with a meal, or as recommended by a healthcare practitioner. To ensure product consistency, store tightly closed in a cool, dry place.

CAUTION: Individuals consuming more than 2,000 IU/day of vitamin D (from diet and supplements) should periodically obtain a serum 25-hydroxy vitamin D measurement. Vitamin D supplementation is not recommended for individuals with high blood calcium levels. If you are taking anti-coagulant or anti-platelet medications, or have a bleeding disorder, consult your healthcare provider before taking this product. Do not take if you have gallbladder problems or gallstones.

WARNINGS:

- **KEEP OUT OF REACH OF CHILDREN.**
- **DO NOT EXCEED RECOMMENDED DOSE.**
- **Do not purchase if outer seal is broken or damaged.**
- **When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.**

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

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