Directions: As a dietary supplement, take 1 level scoop (3 grams) one time per day, preferably first thing in the morning

WARNING: NOT FOR USE BY INDIVIDUALS UNDER THE AGE OF 18 YEARS DO NOT USE IF PREGNANT OR MURSING Consult a Physician before using this or any product if you high blood pressure, cardiac arrhythmias, heart, liver kidney, thyroid, or psychiatric disease, phenochromocytoma diabetes, asthma, recurrent headaches, anemia, nervousness. depression or other psychiatric condition pertic ulcers. Parkinson's disease, glaucoma, difficulty in urinating. prostate enlargement, or seizure disorder, or if you are using a monoamine oxidase inhibitor (MADI) or any other dietary supplement, prescription drug, or over-the-counter drug containing ephedrine, pseudoephedrine, or phenylpropangl amine (ingredients found in certain allergy, asthma, cough or cold, and weight control products). Do not exceed recommended serving. Exceeding recommended serving may cause serious adverse health effects, including heart attack and stroke Discontinue use and call a physician or licensed qualified health care professional immediately if you experience rapid heartheat rizziness severe headarhe shortness of breath or other similar symptoms.

KEEP OUT OF BEACH OF CHILDREN





SUPPLEMENT FACTS Serving Size: 1 Level Scoop (3 grams)

Servings Per Container: 100 Amount Per Serving %DV



† Daily Value not established.

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