

60g
PROTEIN*
FEATURING 100%
WHEY
*PER 2 SCOOPS

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COOKIES N CREME
Naturally and Artificially Flavored

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YOU GIVE 100% IN TRAINING: BODY FORTRESS® GIVES YOU 100% RIGHT BACK. SUPER ADVANCED WHEY PROTEIN FEATURES 100% PREMIUM WHEY ENHANCED WITH CREATINE AND OTHER CRITICAL AMINO ACIDS. OUR NO-ONSENSE FORMULA GIVES YOU THE POWER TO TRAIN HARDER AND REBUILD LEAN MUSCLE FASTER, BECAUSE TOMORROW'S WORKOUT STARTS WITH TODAY'S RECOVERY.*

- PREMIUM WHEY PROTEIN TO BUILD LEAN MUSCLE & STRENGTH
- AMINO ACIDS - PLUS CREATINE FOR IMPROVED TRAINING RECOVERY**
- 12g OF NATURALLY OCCURRING BCAAs FROM PROTEIN*
- CONTAINS ZERO ASPARTAME - ZERO GIMMICKS

SUPER ADVANCED WHEY PROTEIN FEATURES 100% PREMIUM WHEY AND, UNLIKE KEY COMPETITORS, OUR FORMULA CONTAINS ZERO ADDED SOY PROTEIN. A WHEY PROTEIN IS THE PREFERRED SOURCE FOR SPORTS NUTRITION AS IT PROVIDES A HIGHER CONCENTRATION OF BCAAs ESSENTIAL FOR SUPPORTING STRENGTH AND TRAINING PERFORMANCE.

WHEY BETTER WITH BODY FORTRESS®

	Body Fortress® Super Advanced Whey	COMPETITOR #1	COMPETITOR #2
PROTEIN PER SERVING	30g	30g	25g
Features			
100% WHEY PROTEIN			
Enhanced with a Non-Proprietary Blend of CREATINE & AMINO ACIDS			
Contains ZERO ADDED SOY PROTEIN			
Contains ZERO ADDED CORN SYRUP SOLIDS			

*contains proprietary amino acid blend

HAVE YOU MADE NOS BLAST PART OF YOUR TRAINING?

ADD NOS BLAST to your pre-workout routine and start pushing the limits of your training. Our high-powered formula is designed to deliver enhanced mental focus, increased strength, and explosive energy through your workout.

Make every workout your best performance with NOS Blast.

*PER 2 SCOOPS

BODY FORTRESS®

SUPER ADVANCED

WHEY
PROTEIN

FEATURES 100% PREMIUM WHEY
ZERO ADDED SOY PROTEIN

60g
PROTEIN*

12g
BCAAs*

COOKIES N CREME
Naturally and Artificially Flavored

NEW
IMPROVED
FLAVOR

- BUILD LEAN MUSCLE & STRENGTH
- BOOST POST-WORKOUT RECOVERY
- ZERO ASPARTAME

*PER 2 SCOOPS

PROTEIN SUPPLEMENT/ NET WT. 2 lb. [32 oz.] (907g)

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

Supplement Facts

Serving Size	1 Scoop (50 g)	2 Scoops (100 g)
Servings Per Container	about 16	about 8
Amount Per Serving	%Daily Value	%Daily Value
Calories	210	420
Calories from Fat	35	70
Total Fat	4 g	8 g
Saturated Fat	1.5 g	3 g
Cholesterol	100 mg	195 mg
Total Carbohydrate	8 g	17 g
Dietary Fiber	<1 g	<1 g
Sugars	3 g	6 g
Protein	30 g	60 g
Calcium	166 mg	332 mg
Phosphorus	136 mg	272 mg
Magnesium	19 mg	38 mg
Sodium	120 mg	240 mg
Potassium	180 mg	360 mg
Super Recovery Blend	4.5 g	9 g
Creatine (as Creatine Monohydrate)	1.5 g	3 g
Taurine	1.5 g	3 g
L-Glutamine	1.5 g	3 g

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value not established.

OTHER INGREDIENTS: Super Whey Protein Blend (Whey Protein Concentrate, Whey Protein Isolate), Maltodextrin, Wheat Flour, Natural and Artificial Flavors, Sugar, Soy Lecithin, Fried/Unfried Peas, Kernel Oil, Sunflower Oil, Cellulose Gum, Cocoa processed with alkali, Acesulfame Potassium, Salt, Sucralose, Sodium Bicarbonate, Sodium Caseinate, Mono- and Diglycerides, Tocopherols (added to protect flavor), Calcium Phosphate.

Contains milk, wheat and soy ingredients. Contains soy lecithin for enhanced mixability.

ESSENTIAL AMINO ACIDS	NONESSENTIAL AMINO ACIDS
Histidine 692 mg	Alanine 1,342 mg
Isoleucine 1,755 mg	Arginine 911 mg
Leucine 3,188 mg	Aspartic Acid 3,338 mg
Lysine 2,716 mg	Cysteine 633 mg
Methionine 644 mg	Glutamic Acid 5,904 mg
Phenylalanine 994 mg	Glycine 565 mg
Threonine 2,282 mg	Proline 1,743 mg
Tryptophan**** 512 mg	Serine 1,706 mg
Valine 1,670 mg	Tyrosine 905 mg

***L-Tryptophan is naturally occurring, not added.
****approximate values

BODY FORTRESS®

YOUR BODY - YOUR FORTRESS.®

For more information on other Body Fortress® products or for complete training and nutrition programs, visit www.bodyfortress.com.

Directions: For adults, add one (1) scoop to 8-16 ounces or two (2) scoops to 14-16 ounces of your favorite beverage. Consume within 10 minutes after mixing. Take this product with an adequate daily fluid intake. Super Advanced Whey Protein can be taken immediately following exercise or as needed throughout the day in order to meet your daily protein requirements.



Stir for 20-30 seconds or until completely blended. Cover and shake for 25-30 seconds. Cover and blend for 20-30 seconds.

Use in conjunction with an intense daily exercise program and a balanced diet including an adequate caloric intake.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Avoid this product if you have kidney disease. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

KEEP OUT OF THE REACH OF CHILDREN. STORE AT ROOM TEMPERATURE, TIGHTLY CLOSED AND AVOID EXCESSIVE HEAT FOR YOUR PROTECTION. DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

Please note: Crystalline Taurine will appear as small crystals within the powder. Contents are sold by weight. Some settling may occur.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Manufactured according to cGMP standards, as required for all dietary supplements.



Carefully Manufactured for United States Nutrition, Inc. Bohemia, NY 11716 U.S.A. 1-800-215-5900

