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Manufactured for: Quality Supplements and Vitamins, Inc. Ft. Lauderdale, FL 33309

LifeExtension.com

To report a serious adverse event or obtain product information, contact

1-866-280-2852.

Once-Daily Health Booster

Supplement F	ac	ts
Serving Size 1 Softgel	u	
Solving Size 7 Selliger		
Amount Per Serving	% Dail	y Value
Vitamin C (as ascorbic acid)	95 mg	158%
Vitamin E (as D-alpha tocopherol)	45 IU	150%
Vitamin K activity from:	2200 mcg	2750%
Vitamin K1 (as phytonadione) 1000 mcg		
Vitamin K2 (as menaquinone-4) 1000 mcg Vitamin K2 (as menaquinone-7) 200 mcg		
Vitamin B12 (as cyanocobalamin)	300 mcg	5000%
Vitallill B12 (as cyallocobalallill)	300 mcg	300070
Chlorophyllin (from sodium magnesium chlorophyllin)	100 mg	**
Gamma E Mixed Tocopherols	359 mg	**
MacuGuard® Carotenoid Phospholipid Blend	145 mg	**
Phospholipids, marigold extract (flower) [providing		
10 mg free lutein, 4 mg meso-zeaxanthin & trans-zea	axantninj	
C3G (Cyanidin-3-glucoside) [from	2.2 mg	**
European black currant extract (fruit)]		
Lycopene proprietary blend [from Micronized	10 mg	**
Lycopene and Tomat-O-Red® natural tomato extract	(fruit)]	
Sesame seed lignan extract	20 mg	**

Other Ingredients: gelatin, flax seed oil, soy lecithin (phosphatidylcholine), glycerin, corn oil, safflower oil, olive oil, purified water, sunflower oil, sunflower lecithin, soy fatty acids, silica, annatto, potato maltodextrin.

Super Bio-Curcumin

Supplement Serving Size 1 Vegetarian Capsule	Fa	c t s	
Amount Per Serving	%	Daily Value	
BCM-95® Bio-Curcumin® turmeric 25:1 extract (root) [std. to 95% Total Curcuminoids Complex with Essential Oils of Turmeric Rhizome by HPLC (380 mg)]	400 mg	**	
**Daily Value not established			

Other ingredients: rice flour. vegetable cellulose (capsule), vegetable stearate, silica.

Two-Per-Day Capsules

Supplement F	a	C	t s
Serving Size 2 Capsules • Servings Per Container 30			
Amount Per Serving	%	Daily	/ Value
Vitamin A (as beta-carotene and acetate)	5000	IU	100%
Vitamin C (as ascorbic acid, niacinamide and calcium ascorbates)	500	mg	833%
Vitamin D3 (as cholecalciferol)	2000	IU	500%
Vitamin E (as D-alpha tocopheryl succinate, D-alpha tocopherol)	100	IU	333%
Thiamine (vitamin B1) (as thiamine HCI)	75	mg	5000%
Riboflavin (vitamin B2) (as riboflavin and riboflavin 5'-phosphate)	50	mg	2941%
Niacin (as niacinamide and niacinamide ascorbate)	50	mg	250%
Vitamin B6 (as pyridoxine HCl and pyridoxal 5'-phosphate)	75	mg	3750%
Folate [from lemon extract (peel)]	400	mcg	100%
Vitamin B12 (as methylcobalamin)	300	mcg	5000%
Biotin	300	mcg	100%
Pantothenic acid (as D-calcium pantothenate)	100	mg	1000%
Calcium (as calcium ascorbate, D-calcium pantothenate)	12	mg	1%
lodine (from kelp)	150	mcg	100%
Magnesium (as magnesium oxide)	100	mg	25%
Zinc (as zinc citrate, OptiZinc® zinc monomethionine)	30	mg	200%
Selenium [as Se-Methyl L-Selenocysteine, L-selenomethionine (yeast free) (SelenoPure™), sodium selenite]	200	mcg	286%
Manganese (as manganese gluconate)	2	mg	100%
Chromium [as Crominex® 3+ chromium stabilized with Capros® amla extract (fruit) and PrimaVie® Shilajit]	200	mcg	167%
Molybdenum (as molybdenum amino acid chelate)	100	mcg	133%
Potassium (as potassium citrate)	25	mg	1%
Alpha lipoic acid	25	mg	**
Boron (as Albion® bororganic glycine)	3	mg	**
Choline (as choline bitartrate)	20	mg	**
Inositol	50	mg	**
Marigold extract (flowers) [std. to 5 mg trans-lutein and 155 mcg trans-zeaxanthin]	11.12	mg	**
Lycopene [from Tomat-O-Red [®] natural tomato extract (fruit)]	2	mg	**
Natural mixed tocopherols (providing gamma, delta, alpha, beta)	20	mg	**
NIAGEN® Nicotinamide Riboside	1	mg	**
**Daily Value not established.			

Other ingredients: vegetable cellulose (capsule), microcrystalline cellulose, silica, vegetable stearate, calcium silicate, maltodextrin, chlorophyllin.

Contains soybeans. Due to the source of the kelp, this product may contain fish and shellfish.

LifeExtension®

Comprehensive **Nutrient Packs ADVANCED**



Daily Supply of Key Nutrients in Convenient Packets

30 Packets

Super Ubiquinol CoQ10 Enhanced Mitochondrial Support™

Supplement Serving Size 1 Softgel	Fac	t s
Amount Per Serving	% Daily	Value
Calories	5	
Calories from Fat	5	
Total Fat	0.5 g	1% [†]
Ubiquinol (as Kaneka QH Ubiquinol®)	100 mg	**
PrimaVie® Shilajit fulvic acid complex	100 mg	**

Other ingredients: sunflower oil, gelatin, glycerin, purified water, beeswax,

Super Omega-3 EPA/DHA with Sesame Lignans & Olive Fruit Extract

Supplement Facts

Other ingredients: highly refined fish oil concentrate (anchovy, mackerel), gelatin, glycerin, purified water, silica, maltodextrin, caramel color, sunflower lecithin, mixed tocopherols, rosemary extract.

enoic acid) ... 78 mg

alories Calories from Fat

DIRECTIONS: Take one (1) packet daily

with a meal, or as recommended by

a healthcare practitioner. To ensure

product consistency, store tightly closed

CAUTION: Individuals consuming more than 2,000 IU/day of vitamin D (from diet and supplements) should periodically obtain a serum 25-hydroxy vitamin D

measurement Vitamin D supplementation

is not recommended for individuals with high blood calcium levels. If you are taking

anti-coagulant or anti-platelet medications or have a bleeding disorder, consult your healthcare provider before taking this product. Do not take if you have gallbladder

in a cool, dry place.

problems or gallstones.

- KEEP OUT OF REACH OF CHILDREN. • DO NOT EXCEED RECOMMENDED
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

These statements have not beer evaluated by the Food and Drug Administration.
These products are not intended to diagnose, treat, cure, or preven any disease.

Dietary Supplement



**Daily Value not established.



