

IMPORTANT FACTS YOU SHOULD KNOW
Biotin helps support the health of skin, hair and nails by nourishing cells throughout the body.* Biotin is a water-soluble B Vitamin that assists protein and fat metabolism for energy use.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.
STORE AT ROOM TEMPERATURE AND
AVOID EXCESSIVE HEAT. TAMPER
RESISTANT: DO NOT USE IF SEAL
UNDER CAP IS BROKEN OR MISSING.

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MAX POTENCY

Biotin
10,000 mcg

Skin/Hair/Nail Support*

60 Softgels
Dietary Supplement



DIRECTIONS: FOR ADULTS, TAKE ONE (1) SOFTGEL DAILY, PREFERABLY WITH A MEAL. As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value	
Biotin (as d-Biotin)	10,000 mcg	3,333%

Other Ingredients: Soybean Oil, Gelatin, Glycerin, Yellow Beeswax, Titanium Dioxide Color.

No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives, No Lactose, No Sugar, No Preservatives, No Artificial Flavor, No Sodium.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. It is advisable to consult your doctor before using biotin doses above 2,500 mcg per day. If any adverse reactions occur, stop use and consult your doctor.

Quality Guaranteed Lab Tested

Laboratory tested to meet strict quality control standards for potency, purity and disintegration. 100% Quality Guaranteed.