



NATURALIST®

Flush Free
Niacin
Inositol Hexanicotinate
500mg



**Supports Energy Metabolism
and Nervous System Health***

Dietary Supplement

50 CAPSULES

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	%Daily Value	
Niacin (as Inositol Hexanicotinate)	400 mg	2,000%
Inositol (as Inositol Hexanicotinate)	100 mg	**

**Daily Value not established.

Other Ingredients: Gelatin (Bovine), Vegetable Stearic Acid. **Contains <2% of:** Silica, Vegetable Magnesium Stearate.

No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial color, artificial flavor, sodium.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

IMPORTANT FACTS YOU SHOULD KNOW

Niacin is a B vitamin that is important for energy metabolism.* Niacin also helps maintain healthy functions of the nervous system and skin.*

DIRECTIONS: FOR ADULTS, TAKE ONE (1) CAPSULE DAILY, PREFERABLY WITH A MEAL.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

NOTICE: Most people should not experience flushing when using this product. However, a few sensitive individuals may experience a temporary skin flushing (hot feeling and skin redness), burning, itching, or rash caused by an increase in blood flow near the skin. Do not take on an empty stomach. Do not take more than the recommended dose unless prescribed by your doctor.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Quality Guaranteed Lab Tested
Laboratory tested to meet strict quality control standards for potency, purity and disintegration. 100% Quality Guaranteed.

Manufactured by Rexall Sundown, Inc.
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