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Manufactured for: Quality Supplements and Vitamins, Inc. Ft. Lauderdale, FL 33309

LifeExtension.com

To report a serious adverse event or obtain product information, contact

1-866-280-2852.

Super Booster with MacuGuard[®] Ocular Support

Supplement F Serving Size 1 Softgel	ас	t s
Amount Per Serving	% Dai	ly Value
Vitamin C (as ascorbic acid)	95 mg	158%
Vitamin E (as D-alpha tocopherol)	45 IU	150%
Vitamin K activity from: Vitamin K1 (as phytonadione) Vitamin K2 (as menaquinone-4) Vitamin K2 (as menaquinone-7) Vitamin K2 (as menaquinone-7)	2200 mcg	2750%
Vitamin B12 (as cyanocobalamin)	300 mcg	5000%
Chlorophyllin (from sodium magnesium chlorophyllin)	100 mg	**
Gamma E Mixed Tocopherols	359 mg	**
MacuGuard [®] Carotenoid Phospholipid Blend Phospholipids, marigold extract (flower) [providing 10 mg free lutein, 4 mg <i>meso</i> -zeaxanthin & <i>trans</i> -ze:	145 mg axanthin]	**
C3G (Cyanidin-3-glucoside) [from European black currant extract (fruit)]	2.2 mg	**
Lycopene proprietary blend [from Micronized Lycopene and Tomat-0-Red® natural tomato extract	10 mg (fruit)]	**
Sesame seed lignan extract	20 mg	**
**Daily Value not established.		

Other Ingredients: gelatin, flax seed oil, soy lecithin (phosphatidylcholine), glycerin, corn oil, safflower oil, olive oil, purified water, sunflower oil, sunflower lecithin, soy fatty acids, silica, annatto, potato maltodextrin.

Super Bio-Curcumin

Supplement Serving Size 1 Vegetarian Capsule	Fa	c t s
Amount Per Serving	%	Daily Value
BCM-95° Bio-Curcumin° turmeric 25:1 extract (root) [std. to 95% Total Curcuminoids Complex with Essential Oils of Turmeric Rhizome by HPLC (380 mg)]	400 mg	**

Other ingredients: rice flour, vegetable cellulose (capsule), vegetable stearate, silica.

Two-Per-Day Capsules

Amount Per Serving	%	Daily	y Value
Vitamin A (as beta-carotene and acetate)	5000	IU	100%
Vitamin C (as ascorbic acid, niacinamide and calcium ascorbates)	500	mq	833%
Vitamin D3 (as cholecalciferol)	2000	IU	500%
Vitamin E (as D-alpha tocopheryl succinate, D-alpha tocopherol)	100	IU	333%
Thiamine (vitamin B1) (as thiamine HCI)	75	mg	5000%
Riboflavin (vitamin B2) (as riboflavin and riboflavin 5'-phosphate)	50	mg	2941%
Niacin (as niacinamide and niacinamide ascorbate)	50	mg	250%
Vitamin B6 (as pyridoxine HCl and pyridoxal 5'-phosphate)	75	mg	3750%
Folate [from lemon extract (peel)]	400	mcg	100%
Vitamin B12 (as methylcobalamin)	300	mcg	5000%
Biotin	300	mcg	100%
Pantothenic acid (as D-calcium pantothenate)	100	mg	1000%
Calcium (as calcium ascorbate, D-calcium pantothenate)	12	mg	1%
lodine (from kelp)	150	mcg	100%
Magnesium (as magnesium oxide)	100	mg	25%
Zinc (as zinc citrate, OptiZinc® zinc monomethionine)	30	mg	200%
Selenium [as Se-Methyl L-Selenocysteine, L-selenomethionine (yeast free) (SelenoPure™), sodium selenite]	200	mcg	286%
Manganese (as manganese gluconate)	2	mg	100%
Chromium [as Crominex® 3+ chromium stabilized with Capros® amla extract (fruit) and PrimaVie® Shilajit]	200	mcg	167%
Molybdenum (as molybdenum amino acid chelate)	100	mcg	133%
Potassium (as potassium citrate)	25	mg	1%
Alpha lipoic acid	25	mg	**
Boron (as Albion® bororganic glycine)	3	mg	**
Choline (as choline bitartrate)	20	mg	**
Inositol	50		**
Marigold extract (flowers) [std. to 5 mg <i>trans</i> -lutein and 155 mcg <i>trans</i> -zeaxanthin]	11.12	mg	**
Lycopene [from Tomat-O-Red® natural tomato extract (fruit)]		mg	**
Natural mixed tocopherols (providing gamma, delta, alpha, beta)	20	mg	**
NIAGEN® Nicotinamide Riboside	1	mg	**

Other ingredients: vegetable cellulose (capsule), microcrystalline cellulose, silica, vegetable stearate, calcium silicate, maltodextrin, chlorophyllin.

Contains soybeans. Due to the source of the kelp, this product may contain fish and shellfish.

LifeExtension®

Comprehensive **Nutrient Packs ADVANCED**



Daily Supply of Key Nutrients in Convenient Packets

Dietary Supplement

30 Packets

Super Ubiquinol CoQ10 Enhanced Mitochondrial Support™

Supplement Serving Size 1 Softgel	Fac	t s
Amount Per Serving	% Daily	Value
Calories	5	
Calories from Fat	5	
Total Fat	0.5 g	1% [†]
Ubiquinol (as Kaneka QH Ubiquinol®)	100 mg	**
PrimaVie® Shilajit fulvic acid complex	100 mg	**
**Daily Value not established *Based on a 2 000 cal	orie per day diet	

Other ingredients: sunflower oil, gelatin, glycerin, purified water, beeswax,

Super Omega-3 EPA/DHA with Sesame Lignans & Olive Fruit Extract

Amount Per Serving	%	Daily	Value
Calories	25		
Calories from Fat	25		
Total Fat	2.5	g	4%1
Saturated Fat	0	g	0%1
Cholesterol	<5	mg	2%1
Pure+™ Wild Fish Oil Concentrate	2000	ma	**
Yielding: EPA (eicosapentaenoic acid)			**
DHA (docosahexaenoic acid)	500 mg		**
Typical DPA (docosapentaenoic acid)	78 mg		**
Polyphen-Oil TM Olive extract (fruit and leaf) [provid 19.5 mg polyphenols, 5.2 mg hydroxytyrosol/tyroso		mg	**
4.4 mg verbascoside/oleuropein]	л,		
4.4 mg verbaseoside/oredropemj		mg	**

Other ingredients: highly refined fish oil concentrate (anchovy, mackerel), gelatin, glycerin, purified water, silica, maltodextrin, caramel color, sunflower lecithin, mixed tocopherols, rosemary extract.

DIRECTIONS: Take one (1) packet daily with a meal, or as recommended by a healthcare practitioner. To ensure product consistency, store tightly closed

in a cool, dry place. CAUTION: Individuals consuming more than 2,000 IU/day of vitamin D (from diet and supplements) should periodically obtain a serum 25-hydroxy vitamin D measurement. Vitamin D supplementation is not recommended for individuals with high blood calcium levels. If you are taking anti-coagulant or anti-platelet medications or have a bleeding disorder, consult your healthcare provider before taking this product. Do not take if you have gallbladder problems or gallstones.

- KEEP OUT OF REACH OF CHILDREN. • DO NOT EXCEED RECOMMENDED
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

These statements have not beer evaluated by the Food and Drug Administration.
These products are not intended to diagnose, treat, cure, or preven any disease.





