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Manufactured for:
Quality Supplements and Vitamins, Inc.
Ft. Lauderdale, FL 33309

LifeExtension.com

To report a serious adverse event or obtain product information, contact
1-866-280-2852.

Super Booster with MacuGuard® Ocular Support

Supplement Facts
Serving Size 1 Softgel

Amount Per Serving		% Daily Value
Vitamin C (as ascorbic acid)	95 mg	158%
Vitamin E (as D-alpha tocopherol)	45 IU	150%
Vitamin K activity from:	2200 mcg	2750%
Vitamin K1 (as phytonadione)	1000 mcg	
Vitamin K2 (as menaquinone-4)	1000 mcg	
Vitamin K2 (as menaquinone-7)	200 mcg	
Vitamin B12 (as cyanocobalamin)	300 mcg	5000%
Chlorophyllin (from sodium magnesium chlorophyllin)	100 mg	**
Gamma E Mixed Tocopherols	359 mg	**
MacuGuard® Carotenoid Phospholipid Blend [Phospholipids, marigold extract (flower) (providing 10 mg free lutein, 4 mg *meso*-zeaxanthin & *trans*-zeaxanthin)]	145 mg	**
C3G (Cyanidin-3-glucoside) [from European black currant extract (fruit)]	2.2 mg	**
Lycopene proprietary blend [from Micronized Lycopene and Tomat-O-Red® natural tomato extract (fruit)]	10 mg	**
Sesame seed lignan extract	20 mg	**

**Daily Value not established.

Other Ingredients: gelatin, flax seed oil, soy lecithin (phosphatidylcholine), glycerin, corn oil, safflower oil, olive oil, purified water, sunflower oil, sunflower lecithin, soy fatty acids, silica, annatto, potato maltodextrin.

Contains soybeans.

Super Bio-Curcumin

Supplement Facts
Serving Size 1 Vegetarian Capsule

Amount Per Serving		% Daily Value
BCM-95® Bio-Curcumin® turmeric 25:1 extract (root) [std. to 95% Total Curcuminoids Complex with Essential Oils of Turmeric Rhizome by HPLC (380 mg)]	400 mg	**

**Daily Value not established.

Other ingredients: rice flour, vegetable cellulose (capsule), vegetable stearate, silica.

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Two-Per-Day Capsules

Supplement Facts
Serving Size 2 Capsules • Servings Per Container 30

Amount Per Serving			% Daily Value
Vitamin A (as beta-carotene and acetate)	5000	IU	100%
Vitamin C (as ascorbic acid, niacinamide and calcium ascorbates)	500	mg	833%
Vitamin D3 (as cholecalciferol)	2000	IU	500%
Vitamin E (as D-alpha tocopheryl succinate, D-alpha tocopherol)	100	IU	333%
Thiamine (vitamin B1) (as thiamine HCl)	75	mg	5000%
Riboflavin (vitamin B2) (as riboflavin and riboflavin 5'-phosphate)	50	mg	2941%
Niacin (as niacinamide and niacinamide ascorbate)	50	mg	250%
Vitamin B6 (as pyridoxine HCl and pyridoxal 5'-phosphate)	75	mg	3750%
Folate [from lemon extract (peel)]	400	mcg	100%
Vitamin B12 (as methylcobalamin)	300	mcg	5000%
Biotin	300	mcg	100%
Pantothenic acid (as D-calcium pantothenate)	100	mg	1000%
Calcium (as calcium ascorbate, D-calcium pantothenate)	12	mg	1%
Iodine (from kelp)	150	mcg	100%
Magnesium (as magnesium oxide)	100	mg	25%
Zinc (as zinc citrate, OptiZinc® zinc monomethionine)	30	mg	200%
Selenium [as Se-Methyl L-Selenocysteine, L-selenomethionine (yeast free) (SelenoPure™), sodium selenite]	200	mcg	286%
Manganese (as manganese gluconate)	2	mg	100%
Chromium [as Crominex® 3+ chromium stabilized with Capros® amla extract (fruit) and PrimaVie® Shilajit]	200	mcg	167%
Molybdenum (as molybdenum amino acid chelate)	100	mcg	133%
Potassium (as potassium citrate)	25	mg	1%
Alpha lipoic acid	25	mg	**
Boron (as Albion® bororganic glycine)	3	mg	**
Choline (as choline bitartrate)	20	mg	**
Inositol	50	mg	**
Marigold extract (flowers) [std. to 5 mg *trans*-lutein and 155 mcg *trans*-zeaxanthin]	11.12	mg	**
Lycopene [from Tomat-O-Red® natural tomato extract (fruit)]	2	mg	**
Natural mixed tocopherols (providing gamma, delta, alpha, beta)	20	mg	**
NIAGEN® Nicotinamide Riboside	1	mg	**

**Daily Value not established.

Other ingredients: vegetable cellulose (capsule), microcrystalline cellulose, silica, vegetable stearate, calcium silicate, maltodextrin, chlorophyllin.

Contains soybeans. Due to the source of the kelp, this product may contain fish and shellfish.

LifeExtension®

Comprehensive Nutrient Packs ADVANCED

Daily Supply of Key Nutrients in Convenient Packets

Dietary Supplement

30 Packets

Super Ubiquinol CoQ10 Enhanced Mitochondrial Support™

Supplement Facts
Serving Size 1 Softgel

Amount Per Serving		% Daily Value
Calories	5	
Calories from Fat	5	
Total Fat	0.5 g	1%†
Ubiquinol (as Kaneka QH Ubiquinol®)	100 mg	**
PrimaVie® Shilajit fulvic acid complex	100 mg	**

**Daily Value not established. †Based on a 2,000 calorie per day diet.

Other ingredients: sunflower oil, gelatin, glycerin, purified water, beeswax, caramel color.

Super Omega-3 EPA/DHA with Sesame Lignans & Olive Fruit Extract

Supplement Facts
Serving Size 2 Softgels • Servings Per Container 30

Amount Per Serving		% Daily Value
Calories	25	
Calories from Fat	25	
Total Fat	2.5 g	4%†
Saturated Fat	0 g	0%†
Cholesterol	<5 mg	2%†
Pure+™ Wild Fish Oil Concentrate	2000 mg	**
Yielding: EPA (eicosapentaenoic acid)	700 mg	**
DHA (docosahexaenoic acid)	500 mg	**
Typical DPA (docosapentaenoic acid)	78 mg	**
Polyphen-Oil™ Olive extract (fruit and leaf) [providing 19.5 mg polyphenols, 5.2 mg hydroxytyrosol/tyrosol, 4.4 mg verbascoside/oleuropein]	300 mg	**
Sesame seed lignan extract	10 mg	**

**Daily Value not established. †% Daily Value is based on a 2000 calorie diet.

Other ingredients: highly refined fish oil concentrate (anchovy, mackerel), gelatin, glycerin, purified water, silica, maltodextrin, caramel color, sunflower lecithin, mixed tocopherols, rosemary extract.

DIRECTIONS: Take one (1) packet daily with a meal, or as recommended by a healthcare practitioner. To ensure product consistency, store tightly closed in a cool, dry place.

CAUTION: Individuals consuming more than 2,000 IU/day of vitamin D (from diet and supplements) should periodically obtain a serum 25-hydroxy vitamin D measurement. Vitamin D supplementation is not recommended for individuals with high blood calcium levels. If you are taking anti-coagulant or anti-platelet medications, or have a bleeding disorder, consult your healthcare provider before taking this product. Do not take if you have gallbladder problems or gallstones.

WARNINGS:

- **KEEP OUT OF REACH OF CHILDREN.**
- **DO NOT EXCEED RECOMMENDED DOSE.**
- **Do not purchase if outer seal is broken or damaged.**
- **When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.**

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

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