

Suggested Use: Mix 1 level scoop of powder with at least 8 oz. of water, juice, or preferred beverage daily or as recommended by your health-care practitioner. Tamper Evident: Use only if bottle is sealed. Store tightly sealed in a cool, dry place. If pregnant, consult your health-care practitioner before using this product. †Bromelain is derived from the pineapple plant (*Ananas comosus*). †† An enzyme derived from Papaya (*Carica papaya*).



Manufactured For: Thorne Research, Inc.  
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SP113  
LSP11302

**THORNE**  
R E S E A R C H



**WHEY PROTEIN ISOLATE**  
**VANILLA**

Non-Denatured • rBGH-Free • No Artificial Sweeteners

**NET WT. 14.3 OZ. (404 G)**

**DIETARY SUPPLEMENT**

<b>Supplement Facts</b>			
Serving Size: 1 Level Scoop (26.9 g)			
Servings Per Container: 15			
Each Level Scoop (26.9 g) Contains:		Each Level Scoop (26.9 g) Contains:	
	% DV		% DV
Calories	100	Calcium	65 mg 7%
Calories from Fat	5	Iron	0 mg 2%
Total Fat	0.5 g 1%*	Sodium	75 mg 3%
Saturated Fat	0 g 0%	Potassium	70 mg 2%
Trans Fat	0 g **	Proprietary Blend	30 mg
Cholesterol	10 mg 3%*	Bromelain†	**
Total Carbohydrate	3 g 1%*	Papain††	**
Dietary Fiber	1 g 4%*		
Sugars	3 g **		
Protein	21 g 42%*		

\* Percent Daily Values are based on a 2,000 calorie diet.  
\*\*Daily Value (DV) not established.

Other Ingredients: Whey Protein Isolate, Flavors, Sunflower Lecithin, Evaporated Cane Juice Sugar, Carboxymethylcellulose Gum, Xanthan Gum, Stevia extract (leaf) (Rebaudioside A 95%).  
Contains ingredient derived from milk (whey protein isolate).

Typical Amino Acid Amounts (g)

Per Serving:

Alanine	1.0
Arginine	0.6
Aspartic Acid	2.1
Cysteine	0.5
Glutamic Acid	3.6
Glycine	0.4
Histidine ▲	0.4
Isoleucine ▲	1.2
Leucine ▲	2.2
Lysine ▲	1.9
Methionine ▲	0.5
Phenylalanine ▲	0.7
Proline	1.2
Serine	1.1
Threonine ▲	1.4
Tryptophan ▲	0.4
Tyrosine	0.6
Valine ▲	1.2

▲ Essential Amino Acid