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Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

ACTUAL
SIZE

0

4

8

1

0

7

1

2

1

4

0

2

FP0

GNC

Folic Acid

800 MCG

Supports healthy fetal development*

**Required for proper red blood
cell formation***

DIETARY SUPPLEMENT
100 VEGETARIAN TABLETS

CODE 253215

JNG

Directions: As a dietary supplement, take one tablet daily. Daily folic acid intake should not exceed 1000 mcg.

Supplement Facts

Serving Size One Tablet

Amount Per Serving	% Daily Value for adults and children 4 or more years of age	% Daily Value for pregnant and lactating women
Folic Acid 800 mcg	200%	100%

Other Ingredients: Dicalcium Phosphate, Whole Brown Rice Powder (*Oryza sativa*).

Adequate folate in healthful diets may reduce a woman's risk of having a child with a brain or spinal cord defect.

No Preservatives, Sodium Free, No Soy, No Artificial Colors, No Wheat, No Dairy, No Artificial Flavors, No Gluten, Yeast Free.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

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* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot No./Best By: