



NATURALIST®

Soy Lecithin 1200 mg



Supports Cell Growth & Function*

60 SOFTGELS

Dietary Supplement

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value	
Calories	10	
Calories from Fat	10	
Total Fat	1 g	1%**
Soy Lecithin	1,200 mg (1.2 g)	***

**Percent Daily Values are based on a 2,000 calorie diet.
***Daily Value not established.

Ingredients: Soy Lecithin, Gelatin (Bovine), Glycerin.

IMPORTANT FACTS YOU SHOULD KNOW

Lecithin is an important natural source of choline. Choline is a vital component of all cell membranes, and plays an important role in cell growth & nerve cell health.*

DIRECTIONS: FOR ADULTS, TAKE ONE (1) SOFTGEL FIVE TIMES DAILY, PREFERABLY WITH MEALS.

No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, artificial color, artificial flavor, sodium.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Quality Guaranteed Lab Tested
Laboratory tested to meet strict quality control standards for potency, purity and disintegration. 100% Quality Guaranteed.

Manufactured by Rexall Sundown, Inc.
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ACTUAL SIZE

Prod. No. 45463



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