



NATURALIST®

Standardized Extract

St. John's Wort

300 mg
PER SERVING

**Supports A
Positive Mood***

Dietary Supplement

50 CAPSULES



Supplement Facts

Serving Size 2 Capsules
Servings Per Container 25

Amount Per Serving	%Daily Value	
St. John's Wort Extract (<i>Hypericum perforatum</i>) (aerial) (Standardized to contain 0.3% Hypericin, 0.9 mg)	300 mg	**

**Daily Value not established.

Other Ingredients: Maltodextrin, Gelatin (Bovine). **Contains <2% of:** Magnesium Silicate, Silica, Vegetable Magnesium Stearate.

IMPORTANT FACTS YOU SHOULD KNOW

The hectic world we live in can often lead to a rollercoaster of emotions. St. John's Wort helps support a healthy emotional balance.* St. John's Wort helps promote a positive mood and a calm and relaxed feeling, so you can be your tranquil best.* Each serving of St. John's Wort contains 300 mg of St. John's Wort extract standardized to contain 0.3% of Hypericin.

DIRECTIONS: FOR ADULTS, TAKE TWO (2) CAPSULES THREE TIMES DAILY. Capsules may be opened and prepared as a tea.

No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial color, artificial flavor, sodium.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Avoid excessive exposure to sun and other sources of ultraviolet light when using this product. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Quality Guaranteed Lab Tested
Laboratory tested to meet strict quality control standards for potency, purity and disintegration. 100% Quality Guaranteed.

Manufactured by Rexall Sundown, Inc.
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