



NATURALIST®

B12

1000mcg

Supports Heart and Nervous System Health*

60 TABLETS

Dietary Supplement



Supplement Facts

Serving Size 1 Tablet

| Amount Per Serving | | %Daily Value |
|-------------------------------------|-----------|--------------|
| Vitamin B-12 (as Cyanocobalamin) | 1,000 mcg | 16,667% |

Other Ingredients: Dicalcium Phosphate, Mannitol, Cellulose (Plant Origin), Croscarmellose, Vegetable Stearic Acid. **Contains <2% of:** Cellulose Coating, Silica, Vegetable Magnesium Stearate.

No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial color, artificial flavor, sodium.

Vegetarian Formula

IMPORTANT FACTS YOU SHOULD KNOW

Vitamin B-12 supports healthy blood cells and is also involved in energy metabolism and nervous system health.*

DIRECTIONS: FOR ADULTS, TAKE ONE (1) TABLET DAILY, PREFERABLY WITH A MEAL.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Quality Guaranteed Lab Tested
Laboratory tested to meet strict quality control standards for potency, purity and disintegration. 100% Quality Guaranteed.

Manufactured by Rexall Sundown, Inc.
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