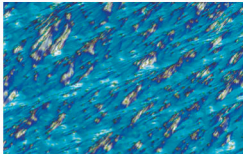


THORNE

R E S E A R C H



BIO-B12[®]

60 VEGETARIAN CAPSULES

DIETARY SUPPLEMENT

S u p p l e m e n t F a c t s

Serving Size: One Capsule

Each Capsule Contains:

% DV

Vitamin B12 (as Methylcobalamin)	1 mg	16,667%
Folate (as L-5-Methyltetrahydrofolate† from L-5-Methyltetrahydrofolic Acid, Glucosamine Salt)	800 mcg	200%
Zinc (as Zinc Picolinate)	15 mg	100%
Papain††	75 mg	*

*Daily Value (DV) not established.

Other Ingredients: Hypromellose (derived from cellulose) capsule, Microcrystalline Cellulose, Silicon Dioxide.

Suggested Use: Take 1 capsule one to three times daily or as recommended by your health-care practitioner.

Tamper Evident: Use only if bottle is sealed. Store tightly sealed in a cool, dry place.

If pregnant, consult your health-care practitioner before using this product.

†This product uses Gnosis S.p.A.'s L-5-Methyltetrahydrofolic Acid, Glucosamine Salt (Quatrefolic®). Quatrefolic is a registered trademark of Gnosis S.p.A. ††An enzyme derived from Papaya (*Carica papaya*).



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B120
LB12011