

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish. Suitable for vegans.

Balanced B-100 delivers a high potency formula for those wanting greater nutritional support. Comprehensive and well balanced, our **Balanced B-100** formula is designed to support the diverse roles of vitamins, including promoting skin, hair, eye, nerve, adrenal, and cardiovascular health.†

**WE GUARANTEE OUR SUPPLEMENTS
FOR POTENCY AND PURITY**

To report a serious adverse event, call 1-888-710-0006

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

B COMPLEX 100 mg

Supports Cardiovascular System
and Mental Health†

Dietary Supplement

30 VEGETARIAN CAPSULES



Supplement Facts

Serving Size 1 Capsule Servings Per Container 30

Amount Per Serving	% Daily Value	
Thiamin (as thiamin mononitrate)	100 mg	6670%
Riboflavin	100 mg	5880%
Niacin (as niacinamide)	100 mg	500%
Vitamin B6 (as pyridoxine HCl)	100 mg	5000%
Folic Acid	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	100 mcg	1670%
Biotin	100 mcg	35%
Pantothenic Acid (as calcium pantothenate)	100 mg	1000%
Inositol	100 mg	*
Choline bitartrate	48 mg	*

* Daily Value not established.

Other Ingredients: Vegetarian capsule (cellulose), magnesium stearate (vegetable source), dibasic calcium phosphate and silica.

SUGGESTED USE: Take one capsule daily with food.

KEEP OUT OF REACH OF CHILDREN.

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