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ULTRA MANTM MAX DAILY MULTI

Premium Performance Formula
for Men

HIGH POTENCY

TIMED RELEASE

90 COATED
CAPLETS

DIETARY SUPPLEMENT

TO REORDER ITEM # 15106

Supplement Facts

Serving Size 2 Caplets
Servings Per Container 45

Amount Per Serving	%Daily Value	Amount Per Serving	%Daily Value	Amount Per Serving	%Daily Value
Vitamin A (as Retinyl Acetate and Beta-Carotene)	10,000 IU 200%	Iodine (as Potassium Iodide)	150 mcg 100%	N-Acetyl L-Carnitine Hydrochloride	50 mg *
Vitamin C (as Ascorbic Acid)	500 mg 833%	Magnesium (as Magnesium Oxide)	50 mg 13%	Pumpkin (<i>Cucurbita pepo</i>) (seed)	30 mg *
Vitamin D (as D3 Cholecalciferol)	2,000 IU 500%	Zinc (as Zinc Oxide)	15 mg 100%	Resveratrol (from (<i>Polygonum cuspidatum</i>) (root))	25 mg *
Vitamin E (as d-Alpha Tocopheryl Acetate)	30 IU 100%	Selenium (as Sodium Selenate)	200 mcg 286%	Citrus Bioflavonoids (<i>Citrus spp.</i>) (fruit)	25 mg *
Vitamin K (as Phytonadione)	75 mcg 94%	Copper (as Cupric Oxide)	2 mg 100%	Grape Seed Extract (<i>Vitis vinifera</i>)	25 mg *
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	75 mg 5,000%	Manganese (as Manganese Gluconate)	2 mg 100%	Choline (as Choline Bitartrate)	10 mg *
Riboflavin (Vitamin B-2)	75 mg 4,412%	Chromium (as Chromium Picolinate)	200 mcg 167%	Inositol	10 mg *
Niacin (as Niacinamide)	75 mg 375%	Molybdenum (as Molybdenum Amino Acid Chelate)	72 mcg 96%	Green Tea Extract (<i>Camellia sinensis</i>) (leaf)	10 mg *
Vitamin B-6 (as Pyridoxine Hydrochloride)	75 mg 3,750%	Potassium (as Potassium Chloride)	30 mg 1%	Silica (Silicon Dioxide)	10 mg *
Folic Acid	400 mcg 100%	Alpha Lipoic Acid	100 mg *	Bilberry Extract (<i>Vaccinium myrtillus</i>) (fruit)	6 mg *
Vitamin B-12 (as Cyanocobalamin)	100 mcg 1,667%	L-Arginine (as L-Arginine Hydrochloride)	50 mg *	Alfalfa (<i>Medicago sativa</i>) (aerial)	5 mg *
Biotin (as d-Biotin)	5,000 mcg 1,667%	L-Cysteine (as L-Cysteine Hydrochloride)	50 mg *	Lutein	2 mg *
Pantothenic Acid (as d-Calcium Pantothenate)	75 mg 750%	Saw Palmetto (<i>Serenoa repens</i>) (fruit)	50 mg *	Lycopene	1 mg *
Calcium (as Calcium Carbonate and Calcium Citrate)	100 mg 10%				

* Daily Value not established.

Other Ingredients: Vegetable Cellulose. Contains <2% of: Calcium Silicate, Gelatin, Natural Palm Leaf Glaze, Vegetable Magnesium Stearate.

DIRECTIONS: For adult men, take two (2) caplets daily, preferably with a meal.

WARNING: This product is intended for use by men and is not intended for use by women. If you are taking any medications, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

No Artificial Color or Flavor, No Preservatives, No Sugar, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish.

TO REORDER ITEM # 15106
www.puritan.com
1-800-645-1030

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PURITAN'S PRIDE, INC.
Ronkonkoma, NY 11779 U.S.A.
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