

YOU GIVE 100% IN TRAINING: BODY FORTRESS® gives you 100% right back. Super Advanced Whey Protein features 100% premium whey enhanced with creatine and other critical amino acids. Our no-nonsense formula gives you the power to train harder and rebuild lean muscle faster, because tomorrow's workout starts with today's recovery.*†

- PREMIUM WHEY TO BUILD LEAN MUSCLE & STRENGTH‡
- AMINO ACIDS – PLUS CREATINE FOR IMPROVED TRAINING RECOVERY*†
- 12g OF NATURALLY OCCURRING BCAAs FROM PROTEIN*
- CONTAINS ZERO ASPARTAME – ZERO GLUTEN – ZERO GIMMICKS

Super Advanced Whey Protein features 100% premium whey and unlike key competitors our formula contains zero added soy protein.Δ Whey Protein is the preferred source for sports nutrition as it provides a higher concentration of BCAAs essential for supporting strength and training performance.‡

WHEY BETTER WITH BODY FORTRESS®

	Body Fortress® Super Advanced Whey	COMPETITOR #1	COMPETITOR #2
PROTEIN PER SERVING	30g	30g	25g
Features 100% WHEY PROTEIN	●	●	●
Enhanced with a Non-Proprietary Blend of CREATINE & AMINO ACIDS	●	†	●
Contains ZERO ADDED SOY PROTEIN Δ	●	●	●
Contains ZERO ADDED CORN SYRUP SOLIDS	●	●	●

† contains proprietary amino acid blend

PRE



HAVE YOU MADE NOS BLAST PART OF YOUR TRAINING?

ADD NOS BLAST to your pre-workout routine and start pushing the limits of your training. Our high-powered formula is designed to deliver enhanced mental focus, increased strength, and explosive energy through your workout.Δ Make every workout your best performance with NOS Blast.

*PER 2 SCOOPS

BODY FORTRESS®

SUPER ADVANCED

WHEY PROTEIN

FEATURES 100% PREMIUM WHEY
ZERO ADDED SOY PROTEIN Δ

60g
PROTEIN*

12g
BCAAs*

PEANUT BUTTER & JELLY
Naturally and Artificially Flavored

NEW
FLAVOR
LIMITED
TIME ONLY

- BUILD LEAN MUSCLE AND STRENGTH‡
- BOOST POST-WORKOUT RECOVERY†
- ZERO ASPARTAME – ZERO GLUTEN

*PER 2 SCOOPS

PROTEIN SUPPLEMENT/ NET WT. 1 lb. [16 oz.] (453g)
NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

Supplement Facts

Serving Size	1 Scoop (50 g)	2 Scoops (100g)
Servings Per Container	about 9	about 4
Amount Per Serving	%Daily Value	%Daily Value
Calories	210	430
Calories from Fat	45	90
Total Fat	5 g 8% **	10 g 15% **
Saturated Fat	2.5 g 13% **	4.5 g 23% **
Cholesterol	105 mg 35%	215 mg 72%
Total Carbohydrate	8 g 3% **	15 g 5% **
Dietary Fiber	<1 g <1% **	1 g 4% **
Sugars	4 g ***	7 g ***
Protein	30 g 60% **	60 g 120% **
Calcium	139 mg 14%	278 mg 28%
Phosphorus	109 mg 11%	218 mg 22%
Magnesium	39 mg 10%	78 mg 20%
Sodium	120 mg 5%	240 mg 10%
Potassium	230 mg 7%	460 mg 13%
Super Recovery Blend	4.5 g ***	9 g ***
Creatine	1.5 g ***	3 g ***
(as Creatine Monohydrate)		
Taurine	1.5 g ***	3 g ***
L-Glutamine	1.5 g ***	3 g ***

**Percent Daily Values are based on a 2,000 calorie diet.
***Daily Value not established.

OTHER INGREDIENTS: Super Whey Protein Blend (Whey Protein Concentrate, Whey Protein Isolate), Peanut Flour, Maltodextrin, Natural and Artificial Flavors, Soy Lecithin, Cellulose Gum, Acesulfame Potassium, Salt, Red Beet Juice Powder (Color), Sucralose, Citric Acid.

Contains milk, soy and peanut ingredients.

ΔContains soy lecithin for enhanced mixability.

TYPICAL AMINO ACID PROFILE (MILLIGRAMS PER 50 G SCOOP****)

ESSENTIAL AMINO ACIDS	NONESSENTIAL AMINO ACIDS
Histidine 544 mg	Alanine 1,496 mg
Isoleucine 1,768 mg	Arginine 923 mg
Leucine 3,084 mg	Aspartic Acid 3,132 mg
Lysine 2,663 mg	Cysteine 648 mg
Methionine 621 mg	Glutamic Acid 6,596 mg
Phenylalanine 1,004 mg	Glycine 621 mg
Threonine 2,005 mg	Proline 1,788 mg
Tryptophan**** 525 mg	Serine 1,568 mg
Valine 1,770 mg	Tyrosine 906 mg

****L-Tryptophan is naturally occurring, not added.
*****approximate values

BODY FORTRESS®
YOUR BODY - YOUR FORTRESS.®

For more information on other Body Fortress® products or for complete training and nutrition programs, visit www.bodyfortress.com.

Directions: For adults, add one (1) scoop to 6-8 ounces or two (2) scoops to 14-16 ounces of your favorite beverage. Consume within 10 minutes after mixing. Take this product with an adequate daily fluid intake. Super Advanced Whey Protein can be taken immediately following exercise or as needed throughout the day in order to meet your daily protein requirements.



Stir for 20-30 seconds or until completely blended.

Cover and shake for 20-30 seconds.

Cover and blend for 20-30 seconds.

Use in conjunction with an intense daily exercise program and a balanced diet including an adequate caloric intake.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Avoid this product if you have kidney disease. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

Please note: Crystalline Taurine will appear as small crystals within the powder.

KEEP OUT OF THE REACH OF CHILDREN. STORE AT ROOM TEMPERATURE, TIGHTLY CLOSED AND AVOID EXCESSIVE HEAT. FOR YOUR PROTECTION, DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

‡These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Contents are sold by weight. Some settling may occur.



Manufactured according to cGMP standards, as is required for all dietary supplements.



GLUTEN FREE



Carefully Manufactured for United States Nutrition, Inc. Bohemia, NY 11716 U.S.A. 1-800-215-5980

