

Target-Mins® are made with specific free-form amino acids and uses a calcium: phosphorus ratio of 2:1 to support calcium utilization.* The magnesium and potassium have been added to support cardiovascular health.* Adequate calcium as part of a healthful diet, along with exercise, may reduce the risk of osteoporosis later in life.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG
YES CERTIFIED VEGETARIAN BY THE AVA
YES RECYCLABLE PACKAGING
YES MANUFACTURING SUPPORTS
WIND POWER
YES KOSHER

NO YEAST, WHEAT OR CORN
NO SOY OR MILK
NO SALT OR SUGAR
NO PRESERVATIVES
NO ARTIFICIAL COLORS, FLAVORS
OR SWEETENERS
NO MAGNESIUM STEARATE

This product has been manufactured at a GMP Registered facility.

Lot No:

Best by:

02R16NL



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Dietary
Supplement

90 Tablets

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

ESTABLISHED
— 1971 —
Country
Life

• TARGET-MINS® •
**CALCIUM
MAGNESIUM
POTASSIUM**

500 mg : 500 mg : 99 mg

Certified Gluten-Free

- May support cardiovascular health*
- Only 2 tablets per day



Directions: Adults take two (2) tablets daily. For best utilization take with food at bedtime and after exercise. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 2 tablets
Servings Per Container 45

Amount Per Serving		% Daily Value
Calcium (as calcium hydroxyapatite, calcium citrate, calcium aspartate, calcium alpha-ketoglutarate, calcium lysinate)†	500 mg	50%
Phosphorus (as calcium hydroxyapatite)†	250 mg	25%
Magnesium (as magnesium oxide, citrate, aspartate, taurinate, alpha-ketoglutarate)†	500 mg	125%
Potassium (as potassium citrate, aspartate, alpha-ketoglutarate)†	99 mg	3%

Other Ingredients: Cellulose, L-leucine, cellulose & glycerin coating, silica, vegetable glaze.

† Country Life always labels minerals in elemental weight.

CAUTION: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.

Manufactured by Country Life, LLC
180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)
CountryLifeVitamins.com
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