

 *Health through the power of nature,
that's what it means to Trust the Leaf.®*

Inositol is a precursor of phospholipids, a major component of cellular membranes. It helps to maintain nutrient transfer across the cell membrane, as well as aids in the conversion of fats.* This product contains crystalline inositol. Our Inositol is carefully tested and produced to superior quality standards.

Keep out of reach of children. Safety sealed with printed outer shrinkwrap and inner seal. Do not use if either is broken or missing.

◆ LN40461.02 BLK8362



*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

PREMIUM  **QUALITY**

Inositol

500 mg

ONCE DAILY



CRYSTALLINE INOSITOL

100 Capsules / Certified Potency

DIETARY SUPPLEMENT

Recommendation: Take 1 capsule daily, preferably with food. If pregnant, nursing or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% DV
Inositol	500 mg **

**Daily Value (DV) not established.

Other ingredients: gelatin (capsule), cellulose, magnesium stearate

GLUTEN FREE. No sugar, salt, yeast, wheat, soy, dairy products, artificial colors, flavors or preservatives.

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Questions? 1-800-9NATURE / naturesway.com