

Supplement Facts

Serving Size 1 Caplet

Amount Per Serving	%Daily Value
Vitamin D (as D3 Cholecalciferol)	1,000 IU 250%
Vitamin E (as d-Alpha Tocopheryl Acid Succinate)	30 IU 100%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	5 mg 333%
Riboflavin (Vitamin B-2)	5 mg 294%
Niacin (as Niacinamide)	20 mg 100%
Vitamin B-6 (as Pyridoxine Hydrochloride)	20 mg 1,000%
Folic Acid	400 mcg 100%
Vitamin B-12 (as Cyanocobalamin)	25 mcg 417%
Calcium (as Dicalcium Phosphate and Calcium Carbonate)	100 mg 10%
Phosphorus (as Dicalcium Phosphate)	50 mg 5%
Selenium (as Sodium Selenate)	70 mcg 100%
Chromium (as Chromium Amino Acid Chelate)	120 mcg 100%
Sodium	10 mg <1%
Black Cohosh Extract (<i>Cimicifuga racemosa</i>) (root)	80 mg **
Isoflavones (from Non-GMO Soy Extract (<i>Glycine max</i>) (bean) and Non-GMO Kudzu Extract (<i>Pueraria lobata</i>) (root))	80 mg **
Proprietary Blend (Green Tea Extract (<i>Camellia sinensis</i>) (leaf), Date Seed Extract (<i>Ziziphus jujuba</i>), Magnolia Bark Powder (<i>Magnolia officinalis</i>) and Cinnamon Extract (<i>Cinnamomum spp.</i>) (bark))	400 mg **
Cranberry Extract (<i>Vaccinium macrocarpon</i>) (fruit) (from 12 mg of 25:1 extract)	300 mg **
Boron (as Boron Amino Acid Chelate)	1.5 mg **

**Daily Value not established.

Other Ingredients: Cellulose (Plant Origin), Croscarmellose, Cellulose Coating, Crospovidone, Silica. Contains <2% of: FD&C Red #40 Lake, FD&C Yellow #5 Lake, Polysorbate 80, Starch, Titanium Dioxide Color, Vegetable Magnesium Stearate, Vegetable Stearic Acid.

IMPORTANT FACTS YOU SHOULD KNOW

Menopause Support providing Black Cohosh, supplies a more holistic approach to help with hot flashes and night sweats.* Menopause Support also provides high potency Vitamin D to help maintain healthy bones.*

DIRECTIONS: FOR ADULTS, TAKE ONE (1) CAPLET DAILY, PREFERABLY WITH A MEAL.

No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, artificial flavor.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF BLISTER SEAL IS CUT, TORN OR OPEN.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ACTUAL
SIZE

Manufactured by
Rexall Sundown, Inc.
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Maximum Strength Menopause Support



NATURALIST®

Compare and Save

Maximum Strength Menopause Support



Helps With Hot Flashes & Night Sweats*



Dietary Supplement

28 CAPLETS

Quality Guaranteed Lab Tested
Laboratory tested to meet strict quality control standards for potency, purity and disintegration. 100% Quality Guaranteed.