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Other Ingredients: Cellulose, stearic acid, silica, titanium dioxide, dextrose, magnesium silicate, glycerin, caramel color, natural vanilla flavor.

†Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex.

††Including Beta-Carotene, Alpha-Carotene, Zeaxanthin, Cryptoxanthin and additional Lutein and Lycopene.

Metabolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

Manufactured by:
Douglas Laboratories
600 Boyce Road
Pittsburgh, PA 15205 USA
www.douglaslabs.com
1.800.245.4440

This product contains NO yeast, gluten, soy, milk/dairy, corn, sodium, starch, artificial coloring, artificial preservatives, artificial flavoring, or genetically modified ingredients (GMOs).

Suggested Usage: As a dietary supplement, adults take 8 tablets daily or as directed by your healthcare professional. This product is best taken with meals.

KEEP OUT OF REACH OF CHILDREN.
For optimal storage conditions, store in a cool, dry place (59°-77°F/15°-25°C) (55-65% relative humidity). Tamper resistant package, do not use if outer seal is missing.

ez Easy Swallow
Technology

Formula #200911

Ultra Preventive®

ez Easy Swallow
multivitamin

A Low Allergenicity
Dietary Supplement

DOUGLAS
LABORATORIES®

120 Tablets

Supplement Facts

Serving Size 8 Tablets • Servings Per Container 15

Amount Per Serving	%DV
Vitamin A (30% as Vitamin A Palmitate (5,000 IU)/ 47% (10,000 IU) as Natural Beta-Carotene) from D. Salina with full spectrum carotenoids†† 15,000 IU	300%
Vitamin C (as Ascorbic Acid/Ascorbyl Palmitate/ Calcium and Magnesium Ascorbate complex) 700 mg	1,167%
Vitamin D-3 1,000 IU	250%
Vitamin E (natural, as d-alpha tocopheryl plus mixed tocopherols) 400 IU	1,333%
Thiamine 100 mg	6,667%
Riboflavin 50 mg	2,941%
Niacin/Nicotinamide 150 mg	950%
Vitamin B-6 (as Pyridoxine HCl/ Pyridoxal-5-Phosphate Complex) 100 mg	5,000%
Folate (as L-methylfolate, Metabolin®) 800 mcg	200%
Vitamin B-12 (methylcobalamin) 250 mcg	4,167%
Biotin 300 mcg	100%
Pantothenic Acid (as d-Calcium Pantothenate) 500 mg	5,000%
Calcium (as Calcium Citrate/Ascorbate/Carbonate Complex) 100 mg	10%
Iodine (from Kelp) 200 mcg	133%
Magnesium (as Magnesium Aspartate/ Ascorbate/Oxide Complex) 100 mg	25%
Zinc (as Zinc Amino Acid Chelate) 25 mg	167%
Selenium (as Selenium Krebs/Kelp complex) 300 mcg	286%
Copper (as Copper Amino Acid Chelate) 2 mg	100%
Manganese (as Manganese Aspartate/Sulfate Complex) 10 mg	500%
Chromium (Organically bound with GTF activity—low allergenicity) 200 mcg	167%
Molybdenum (as Molybdenum Krebs®) 100 mcg	133%
Potassium (as Potassium Aspartate/Chloride Complex) 99 mg	2%
Lutein (natural) 6 mg	*
Lycopene (natural) 6 mg	*
Zeaxanthin 1 mg	*
Other Minerals, Nutrients and Trace Elements	
Inositol 100 mg	*
Trace Elements (from Sea Vegetation)..... approx. 100 mcg	*
Choline (from 150 mg Choline Citrate/Bitartrate) 60 mg	*
PABA (para-aminobenzoic acid) 50 mg	*

Amount Per Serving	%DV
Boron (as Boron Aspartate/Citrate complex) 1.5 mg	*
Vanadium (as Vanadium Krebs®) 50 mcg	*
Amino Acids and Enzymes	
L-Cysteine/N-Acetyl L-Cysteine 150 mg	*
Betaine (from 150 mg Betaine HCl) 114 mg	*
Bromelain (2,000 GDU/g) 50 mg	*
Glutamic Acid (from 25 mg Glutamic Acid HCl) 20 mg	*
L-Methionine 12.5 mg	*
Bioflavonoids and Proanthocyanidins	
Rose Hips 100 mg	*
Lemon Bioflavonoids 100 mg	*
Red Wine Proanthocyanidins/Pine Bark Extract 50 mg	*
Hesperidin 35 mg	*
Rutin 25 mg	*
Vegetables Fruits and Herbs	
Proprietary Organic Fruit and Vegetable Blend 700 mg	*
Organic beet powder (root), Organic carrot powder (root), Organic black currant powder (fruit), Organic blueberry powder (fruit), Organic broccoli powder (whole plant), Organic Concord grape powder (fruit), Organic green cabbage powder (whole plant), Organic collard greens powder (leaf), Organic mountain cranberry powder (fruit), Organic kale powder (whole plant), Organic Parsley powder (whole plant), Organic pomegranate powder (fruit), Organic raspberry powder (fruit), Organic spinach powder (whole plant), Garlic (bulb, odorless) 100 mg	*
Cauliflower (entire plant) 100 mg	*
Spinach 100 mg	*
Chlorella (broken cell wall) 100 mg	*
Green Papaya Extract (fruit) 100 mg	*
Blackberry (fruit) 80 mg	*
Celery powder (leaf) 70 mg	*
Black radish powder (root) 70 mg	*
Apriort powder (fruit) 70 mg	*
Green Tea Extract (leaf) 50 mg	*
Apple Pectin (fruit) 50 mg	*

*Daily Value not established.