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product info

Read the entire label and follow the directions carefully prior to use.
DIRECTIONS: Take one (1) softgel once or twice daily with food, or as recommended by a healthcare practitioner.

The natural separation of active ingredients may occur.

CAUTION: If you are taking anti-coagulant or anti-platelet medications, or have a bleeding disorder, consult your healthcare provider before taking this product.

Store tightly closed in a cool, dry place.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Tocomin® is a registered trademark of Carotech, Inc.; protected by U.S. Patent No. 5,157,132.

Tocotrienols are extracted and concentrated from sustainably sourced Malaysian red palm oil.



Q00559G

LifeExtension®

Gamma E with Tocopherols & Tocotrienols



Complete Vitamin E

Dietary
Supplement

60 Softgels

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value	
Vitamin E (as D-alpha tocopherol)	45.9 IU	153%
Gamma E mixed tocopherols	325 mg	**
Typical distribution: Gamma tocopherol 178.75-243.75 mg, delta tocopherol 65-97.5 mg, alpha tocopherol 27.63-39 mg, beta tocopherol <16.25 mg		
Tocomin® natural tocotrienol/tocopherol complex	145 mg	**
Typical distribution: Gamma tocotrienol 29-34.8 mg, alpha tocotrienol 15.95-20.3 mg, delta tocotrienol 8-10.2 mg, beta tocotrienol 2.2 mg, alpha tocopherol 14.5-20.3 mg		

**Daily Value not established.

Other ingredients: gelatin, glycerin, medium chain triglycerides oil, purified water, rosemary extract.

Contains soybeans.

Non-GMO

Manufactured for: **Quality Supplements and Vitamins, Inc.**
Ft. Lauderdale, FL 33309
LifeExtension.com

To report a serious adverse event or
obtain product information, contact 1-866-280-2852.