

Formulated with OrganiGlide® Technology!

This unique glide-coat is designed to
make swallowing your vitamins effortless.
Better health has never been easier to swallow!

Amount per Serving	% DV
Sow Palmetto (<i>Serenoa repens</i>) Berry Extract	80 mg **
Digestive Blend: ginger (<i>Zingiber officinale</i>) rhizome extract and amla (<i>Amorpha fruticosa</i>) root	74 mg **
Vegetable Blend: broccoli flower, cabbage leaf, carrot root, collard greens, radish sprouts, tomato fruit, mustard greens, kale leaf, spinach leaf	40 mg **
Inositol	30 mg **
Betaine HCl	25 mg **
Asian Ginseng Root Extract standardized to 7% ginsenosides (1.05 mg)	15 mg **
Bilberry Fruit Extract	10 mg **
Boron (as sodium borate)	3 mg **
Lycopene	2 mg **
Lutein	1.5 mg **
Vanadium (as vanadyl sulfate)	150 mcg **
Zeaxanthin	25 mcg **

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: cellulose, hypromellose, sodium croscarmellose, magnesium stearate, glycerin, stearic acid, silicon dioxide, azarone gum, organic malodextrin.

Recommendations: Take 4 tablets daily with water to activate OrganiGlide® Technology. May take 2 tablets twice daily. Best if taken with food.

Caution: Not for use by pregnant or nursing women. If you have a blood clotting disorder, are taking medications for diabetes or other medications, consult a healthcare professional before use.

GLUTEN FREE. No sugar, soy, yeast, wheat, dairy products, artificial colors, flavors or preservatives.

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Questions? 1-800-783-2286 / enzym.com

For more than 15 years, Doctor's Choice™ multivitamins have been chosen by legions of consumers who agree that these multivitamins are the best total-body wellness formulas available. The unique blend of vitamins, minerals and nutrients is specially tailored to your age and gender to provide you with a strong nutritional foundation for a healthy life. It's your daily Rx for better living!

Doctor's Choice for 50+ Men —Nutrition That Delivers

In addition to providing a full range of essential vitamins and minerals, Doctor's Choice for 50+ Men offers these targeted beneficial blends:

- **Protective Blend** to support healthy aging*
- **Digestive Blend** to support digestion*
- **Vegetable Blend** to provide important phytonutrients

Each easy-to-swallow tablet also contains the prostate-supporting herb,* saw palmetto, and other wholesome ingredients like cinnamon, lutein, zeaxanthin – with many more beneficial ingredients to comprise a comprehensive multivitamin that delivers:

- **Immune support***
- **Energy support***
- **Balanced nutrition***

It is the right choice for better living!

THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



DOCTOR'S choice™

multivitamin

50+ MEN

Easy To Swallow
OrganiGlide™

DAILY RX FOR:

HEALTHY AGING*

IMMUNE SUPPORT*

ENERGY SUPPORT*

120 TABLETS

DIETARY SUPPLEMENT

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Supplement Facts

Serving Size 4 tablets / Servings per Container 30

Amount per Serving	% DV
Calories	10
Total Carbohydrate	2 g 1%
Vitamin A (75% as beta carotene and 25% as retinyl acetate)	5,000 IU 100%
Vitamin C (as potassium ascorbate)	300 mg 500%
Vitamin D (as cholecalciferol)	800 IU 200%
Vitamin E (as d-alpha tocopheryl acetate and mixed tocopherols)	67 IU 223%
Vitamin K (as phytonadione)	120 mcg 150%
Thiamin (as thiamin HCl) (vitamin B1)	60 mg 4,000%
Riboflavin (vitamin B2)	60 mg 3,529%
Niacin (as niacinamide and niacin)	120 mg 600%
Vitamin B6 (as pyridoxine HCl)	25 mg 1,250%
Folic Acid	800 mcg 200%
Vitamin B12 (as cyanocobalamin)	800 mcg 18,333%
Biotin	600 mcg 200%
Para-aminobenzoic acid (as calcium D-panthothenate)	100 mg 1,000%
Calcium (as calcium carbonate, tricalcium phosphate, and calcium citrate)	400 mg 40%
Iodine (as potassium iodide)	300 mcg 200%
Magnesium (as magnesium aspartate and magnesium citrate)	200 mg 50%
Zinc (as zinc gluconate)	18 mg 120%
Selenium (as selenomethionine)	200 mcg 286%
Copper (as copper gluconate)	2 mg 100%
Manganese (as manganese citrate)	2 mg 100%
Molybdenum (as sodium molybdate)	75 mcg 100%
Sodium	5 mg <1%
Potassium (as potassium aspartate)	100 mg 3%
Choline Bitartrate	275 mg **
Cinnamon (Cinnamomum aromaticum) Bark Extract	200 mg **
Protective Blend: sweet cherry fruit, green tea leaf extract, grape seed extract, pomegranate fruit extract, and giant knotweed root and rhizome extract containing 50% resveratrol (9 mg)	112 mg **

VARNISH-FREE

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