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product info

Read the entire label and follow the directions carefully prior to use.
DIRECTIONS: Take one (1) softgel once or twice daily with food, or as recommended by a healthcare practitioner.

CAUTION: If you are taking anti-coagulant or anti-platelet medications, or have a bleeding disorder, consult your healthcare provider before taking this product.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

To keep our products pure and natural, no artificial color has been added to these softgels. The natural separation of active ingredients may occur.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Tocomin® is a registered trademark of Carotech, Inc.; protected by US Patent #5,157,132.



Q00559D

LifeExtension®

Gamma E

Tocopherol Tocotrienols



Full Spectrum Vitamin E

Dietary
Supplement

60 Softgels

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value
Vitamin E (as D-alpha tocopherol)	45.9 IU 153%
Gamma E Mixed Tocopherols	325 mg **
Typical Distribution:	
Gamma tocopherol	178.75-243.75 mg
Delta tocopherol	65-97.5 mg
Alpha tocopherol	27.63-39 mg
Beta tocopherol	<16.25 mg
Tocomin® Full-Spectrum Natural	145 mg **
Tocotrienol/Tocopherol Complex	
Typical Distribution:	
Gamma tocotrienol	29-34.8 mg
Alpha tocotrienol	15.95-20.3 mg
Delta tocotrienol	8-10.2 mg
Beta tocotrienol	2.2 mg
Alpha tocopherol	14.5-20.3 mg

**Daily Value not established.

Other ingredients: gelatin, glycerin, purified water, rosemary extract.
Contains soybeans.

Manufactured for:
Quality Supplements and Vitamins, Inc.
Ft. Lauderdale, FL 33309
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To report a serious adverse event or
obtain product information, contact 1-866-280-2852.
Store tightly closed in a cool, dry place.