At Vitamin World we ensure the quality of all of our premium nutritional products, every step of the way. Strict quality analysis at our world-class facilities guarantees that all Vitamin World® products are at the highest standard of potency and purity.

QUALITY ASSURED

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: This product is intended for use by men and is not intended for use by women. If you are taking any medications, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

WARNING: This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

Product No. 64256
B53332 00A

NUTRITION FROM THE SOURCE™

ULTRA MAN™

50 PLUS

DAILY MULTI | HIGH POTENCY

PERFORMANCE FORMULA FOR MEN OVER 50

MEN'S HEALTH*

60 COATED CAPLETS
DIETARY SUPPLEMENT

TIMED RELEASE

Directions: For adult men, take two (2) caplets daily, preferably with a meal.

Supplement Facts

Serving Size 2 Caplets
Servings Per Container 30

Amount Per Serving		%Daily Value
Vitamin A (as Beta-Carotene and Vitamin A Acetate)	5,000 IU	100%
Vitamin C (as Ascorbic Acid)	300 mg	500%
Vitamin D (as D3 Cholecalciferol)	2,000 IU	500%
Vitamin E (as d-Alpha Tocopheryl Acetate)	30 IU	100%
Vitamin K (as Phytonadione)	80 mcg	100%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	30 mg	2,000%
Riboflavin (Vitamin B-2)	30 mg	1,765%
Niacin (as Niacinamide)	30 mg	150%
Vitamin B-6 (as Pyridoxine Hydrochloride)	30 mg	1,500%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	100 mcg	1,667%
Biotin	500 mcg	167%
Pantothenic Acid (as d-Calcium Pantothenate)	30 mg	300%
Calcium (as Calcium Carbonate, Dicalcium Phosphate and Calcium Citrate)	290 mg	29%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	100 mg	25%
Zinc (as Zinc Oxide)	25 mg	167%
Selenium (as Sodium Selenate)	200 mcg	286%
Copper (as Cupric Oxide)	2 mg	100%
Manganese (as Manganese Gluconate)	2 mg	100%
Chromium (as Chromium Picolinate)	200 mcg	167%
Molybdenum (as Sodium Molybdate)	75 mcg	100%
Potassium (as Potassium Chloride)	30 mg	1%
Choline Bitartrate	10 mg	**
Inositol	10 mg	**
Boron (as Sodium Tetraborate)	2 mg	**
Vanadium (as Sodium Metavanadate)	10 mcg	**
UM50+ Amino Acid Blend	50 mg	**
L-Glutamine, L-Valine, L-Cysteine, L-Leucine, L-Isoleucine, L-Methionine, Taurine, N-Acetyl L-Carnitine Hydrochloride, L-Arginine, L-Carnitine		
UM50+ Bio-Active Blend	119 mg	**
Flax *(Linum usitatissimum)* (seed), Saw Palmetto Extract *(Serenoa repens)* (fruit), Pumpkin Seed *(Cucurbita pepo)*, Oyster Extract, Lycopene		
UM50+ Herbal Blend	51 mg	**
Citrus Bioflavonoid Complex *(Citrus limon)* (peel), Carrot Extract, Broccoli Extract, Grape Seed Extract *(Vitis vinifera)*, Bilberry Extract *(Vaccinium myrtillus)* (fruit), Elderberry *(Sambucus nigra)* (fruit), Black Currant *(Ribes nigrum)* (fruit), Alpha Lipoic Acid, Co-Enzyme Q-10, Resveratrol from *(Polygonum cuspidatum)* (root), Pine Bark Extract *(Pinus pinaster)*, Lutein		
UM50+ Vitality Blend	100 mg	**
Green Tea *(Camellia sinensis)* (leaf), Cayenne Pepper *(Capsicum annuum)* (fruit), Spirulina, Ginkgo Biloba *(Ginkgo biloba)* (leaf), Neuro PS® Phosphatidylserine		
Molybdenum (as Sodium Molybdate)	75 mcg	100%
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Other Ingredients: Vegetable Cellulose. **Contains <2% of:** Calcium Silicate, Gelatin, Natural Palm Leaf Glaze, Vegetable Magnesium Stearate, Vegetable Stearic Acid.

Contains milk, soy and wheat ingredients

No Artificial Color or Flavor, **No** Preservatives, **No** Sugar, **No** Yeast.

TO REORDER PROD. #64256
www.vitaminworld.com
1-800-228-4533

Carefully Manufactured by **Vitamin World, Inc.**
Ronkonkoma, NY 11779 U.S.A.
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Prod. No. 64256 B53332 00A

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DAILY MULTI HIGH POTENCY | PERFORMANCE FORMULA FOR MEN OVER 50

Energy Metabolism*

Sexual Health*

Heart Health*

Immune Health*

MEN'S HEALTH*

60 COATED CAPLETS
DIETARY SUPPLEMENT

TIMED RELEASE

To maintain optimal health and wellness, mature men should focus on getting plenty of exercise, eating a balanced diet, and getting all of the nutrients their body requires. **Ultra Man™ 50 Plus** is designed with the specific nutrients men need most, to help keep you moving at full speed. Unlike conventional multivitamins, **Ultra Man™ 50 Plus** is enhanced with important nutrients not commonly found in a multivitamin such as Flaxseed, Amino Acids and more.

ENERGY METABOLISM

High potency B-vitamins are included to support carbohydrate, fat and protein metabolism.* These essential vitamins support energy metabolism by helping your body convert food to energy.*

SEXUAL HEALTH

The essential mineral Zinc is one of the most important nutrients for men as it plays a key role in sexual and reproductive health.*

HEART HEALTH

Provides vital nutrients to support heart and circulatory health.* Also contains potent levels of Vitamin B-6, B-12 and Folic Acid, which work synergistically to support cardiovascular health by maintaining homocysteine levels already within a normal range.*

Immune Health

High potency amounts of Vitamins C and E support a healthy immune system.*

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