

Suggested Use

Take 1 capsule 2 times daily between meals.

Not to be used during pregnancy or lactation. If you have a medical condition or take pharmaceutical drugs, please consult with your doctor before using this product. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.

The Gaia Difference



High potency, easy absorption
Alcohol-free, Liquid Phyto-Caps™
U.S. Patent No. 6,238,696 B1



**100% vegetarian, dairy free,
no gluten-containing ingredients**
Plant-derived capsule



Laboratory tested for purity
Free of heavy-metal toxicity

Milk Thistle

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HERBS

DailyWellness™

Liver Health

Daily support for a
healthy liver*

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DIETARY SUPPLEMENT
VEGETARIAN LIQUID PHYTO-CAPS™

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Supplement Facts

Daily Serving Size 2 Capsules

Servings Per Container 30

AMOUNT PER 2 CAPSULES

Calories 20

ALCOHOL FREE CONCENTRATED EXTRACTS OF:

Milk Thistle seed (<i>Silybum marianum</i>)	†	100 mg†
Turmeric rhizome (<i>Curcuma longa</i>)	▲	100 mg†
MSM (Methylsulfonylmethane)		100 mg†
Ch. Skullcap root (<i>Scutellaria baicalensis</i>)	+	100 mg†
Schizandra berry (<i>Schizandra chinensis</i>)	+	50 mg†
Licorice root (<i>Glycyrrhiza</i> spp.)	+	20 mg†

VALIDATED FULL SPECTRUM PROFILE

Silymarins (from Milk Thistle) 80 mg†

†Daily Value not established.

Other ingredients: Vegetable glycerin, soy lecithin,
chlorophyll vegetable cellulose (capsule)

▲ = Certified Organic Ingredient

† = Ecologically Harvested

Each 2 capsules contain 5,000 mg crude herb equivalent.



gaia®
HERBS

Gaia Herbs, Inc.,
101 Gaia Herbs Dr.,
Brevard, NC 28712
GaiaHerbs.com

[02] 1009-0210

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.