



NATURALIST®

Natural Whole Herb

Black Cohosh

540 mg



**Supports
Menopausal Health***

Dietary Supplement

75 CAPSULES



Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	%Daily Value
Black Cohosh 540 mg	**
<i>(Cimicifuga racemosa)</i> (root)	

****Daily Value not established.**

Other Ingredients: Gelatin (Bovine). **Contains <2% of:** Silica, Vegetable Magnesium Stearate.

No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial color, artificial flavor, sodium.

Naturalist's Natural Whole Herb products utilize ground plant parts to provide the natural components found in nature.

IMPORTANT FACTS YOU SHOULD KNOW

When your body is going through a whirlwind of changes, Black Cohosh may be just what you're looking for. Black Cohosh has been traditionally used to promote menopausal health, helping with the mild mood changes, occasional sleeplessness and occasional anxiety associated with menopause.*

DIRECTIONS: FOR ADULTS, TAKE ONE (1) CAPSULE DAILY, PREFERABLY WITH A MEAL. Capsules may be opened and prepared as a tea.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

WARNING: This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Quality Guaranteed Lab Tested
Laboratory tested to meet strict quality control standards for potency, purity and disintegration. 100% Quality Guaranteed.

Manufactured by Rexall Sundown, Inc.
Boca Raton, FL 33487 USA
1-888-VITAHELP (848-2435)

Prod. No.
44740



11F B3510
©2016

ACTUAL
SIZE