



NATURALIST®

Compare and Save

Iron
65mg



**Supports Iron-Rich Blood
and Energy Utilization***

Dietary Supplement

125 TABLETS

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value	
Iron (as Ferrous Sulfate)	65 mg	361%

Ingredients: Dried Ferrous Sulfate 205 mg (equivalent to 325 mg Liquid Ferrous Sulfate which provides 65 mg elemental Iron per tablet), Cellulose (Plant Origin), Crospovidone, Croscarmellose. **Contains <2% of:** Cellulose Coating, FD&C Blue No. 1 Lake, FD&C Yellow No. 6 Lake, Silica, Titanium Dioxide Color, Vegetable Magnesium Stearate.

No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial flavor, sodium.

IMPORTANT FACTS YOU SHOULD KNOW

Iron is an essential part of the blood's oxygen delivery system.* Iron plays a key role in delivering oxygen to the cells, including muscle cells, and is important for energy utilization.*

DIRECTIONS: FOR ADULTS, TAKE ONE (1) TABLET DAILY, PREFERABLY WITH A MEAL.

Vegetarian Formula

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Quality Guaranteed Lab Tested
Laboratory tested to meet strict quality control standards for potency, purity and disintegration. 100% Quality Guaranteed.

Manufactured by Rexall Sundown, Inc.
Boca Raton, FL 33487 USA
1-888-VITAHELP (848-2435)

Prod. No.
41645



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