

Supplement Facts

Serving Size 2 Tablets, Servings Per Container 2; Amount Per Serving: Calories 5, Total Carbohydrate 1g (1%* DV), Magnesium (from ITM & Magnesium Citrate) 45mg (11% DV), Chloride (from ITM & Potassium Chloride) 185mg (5% DV), Sodium (from ITM, Sodium Citrate) 5mg (<1% DV), Potassium (from Potassium Chloride & ITM) 55mg (2% DV); **Herbal Blend** 237mg**: Passionflower Herb, Valerian Root Extract, Black Cohosh Root, Chamomile Flower Extract, Kelp, Skullcap Herb, Wood Betony Herb, Hops Strobile, Capsicum Annuum Fruit, Alfalfa Leaf; **Ionic Trace Minerals (ITM)** 275mg**: A complex of over 72 naturally-occurring ionic trace minerals; GABA (Gamma Amino Butyric Acid) 150mg**, L-Theanine (Gamma-Ethylamino-L-Glutamic Acid) 25mg**, Sulfate (from ITM, Calcium Sulfate) 10mg**, **Enzyme Complex** 13.4mg**: Amylase, Cellulase, Protease, Bromelain, Lipase; Boron (as Boron Citrate) 350mcg**.

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

** Daily Value (DV) not established.

Other Ingredients: Microcrystalline cellulose, stearic acid, methocel cellulose, croscarmellose sodium, magnesium stearate, silicon dioxide.

Allergen Info: contains no known allergens. **GLUTEN FREE.**

Suggested Use: Take 2 tablets 1 hour before bedtime.

NaturalRest 4 tab



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TraceMinerals



RESEARCH



NaturalRest PLUS+



A natural nighttime
relaxing formula to
support a restful
night's sleep.†

- Herbs • Enzymes • L-Theanine
- GABA • Ionic Trace Minerals

Certified Vegan • Gluten Free

4 TABLETS • DIETARY SUPPLEMENT

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†This statement has not been evaluated
by the Food and Drug Administration.
This product is not intended to diagnose,
treat, cure, or prevent any disease.

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