

IMPORTANT FACTS YOU SHOULD KNOW

Glucosamine and MSM is an effective supplement combination that helps support maximum flexibility and range of motion*. Together, this powerful duo promotes healthy cartilage to support fluid joint movement.*

Glucosamine is a key structural component in cartilage which is needed for healthy structure and function of joints.*

MSM (Methylsulfonylmethane) is a natural source of sulfur and works in conjunction with Glucosamine to support healthy joints and connective tissue.* MSM supports Glucosamine's effectiveness for cartilage health.*

Noticeable improvement in flexibility and range of motion should be expected after taking this supplement as directed on a consistent basis.*

Individual results may vary.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Glucosamine HCl
1500 mg
MSM
1500 mg
 PER SERVING

Joint Health & Mobility*

60 Caplets
Dietary Supplement



DIRECTIONS: FOR ADULTS, TAKE TWO (2) CAPLETS DAILY, PREFERABLY WITH A MEAL. As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts		
Serving Size 2 Caplets		
Servings Per Container 30		
Amount Per Serving	% Daily Value	
Calories	5	
Total Carbohydrate	1 g	<1%**
Sodium	5 mg	<1%
Glucosamine Hydrochloride	1,500 mg (1.5 g)	***
MSM (Methylsulfonylmethane)	1,500 mg (1.5 g)	***

**Percent Daily Values are based on a 2,000 calorie diet.
 ***Daily Value not established.

Other Ingredients: Cellulose (Plant Origin), Hypromellose. **Contains <2% of:** Cellulose Coating, Croscarmellose, Silica, Vegetable Magnesium Stearate, Vegetable Stearic Acid.

Contains shellfish (shrimp, crab, lobster, crayfish) ingredients.

No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives, No Lactose, No Sugar, No Preservatives, No Soy, No Artificial Color, No Artificial Flavor.

WARNING: If you are pregnant, nursing, taking any medications, including blood thinners, or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

Quality Guaranteed Lab Tested
 Laboratory tested to meet strict quality control standards for potency, purity and disintegration. 100% Quality Guaranteed.