

60g PROTEIN*
FEATURING **100% WHEY**
*PER 2 SCOOPS

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CINNAMON SWIRL
Naturally & Artificially Flavored

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YOU GIVE 100% IN TRAINING: BODY FORTRESS® GIVES YOU 100% RIGHT BACK. SUPER ADVANCED WHEY PROTEIN FEATURES 100% PREMIUM WHEY ENHANCED WITH CREATINE AND OTHER CRITICAL AMINO ACIDS. OUR NO-NONSENSE FORMULA GIVES YOU THE POWER TO TRAIN HARDER AND REBUILD LEAN MUSCLE FASTER, BECAUSE TOMORROW'S WORKOUT STARTS WITH TODAY'S RECOVERY.*◇

- PREMIUM WHEY PROTEIN TO BUILD LEAN MUSCLE & STRENGTH◇
- AMINO ACIDS – PLUS CREATINE FOR IMPROVED TRAINING RECOVERY*◇
- 12g OF NATURALLY OCCURRING BCAAs FROM PROTEIN*
- CONTAINS ZERO ASPARTAME – ZERO GLUTEN – ZERO GIMMICKS

SUPER ADVANCED WHEY PROTEIN FEATURES 100% PREMIUM WHEY AND UNLIK...
COMPETITORS OUR FORMULA CONTAINS ZERO ADDED SOY PROTEIN.△ WHEY PROTEIN...
THE PREFERRED SOURCE FOR SPORTS NUTRITION AS IT PROVIDES A HIGHER CONCENTRATION...
OF BCAAs ESSENTIALS FOR SUPPORTING STRENGTH AND TRAINING PERFORMANCE.◇

WHEY BETTER WITH BODY FORTRESS®

	Body Fortress® Super Advanced Whey	COMPETITOR #1	COMPETITOR #2
PROTEIN PER SERVING	30g	30g	25g
Features			
100% WHEY PROTEIN	●	●	●
Enhanced with a Non-Proprietary Blend of CREATINE & AMINO ACIDS	●	●	●
Contains ZERO ADDED SOY PROTEIN △	●	●	●
Contains ZERO ADDED CORN SYRUP SOLIDS	●	●	●

† contains proprietary amino acid blend



HAVE YOU MADE NOS BLAST PART OF YOUR TRAINING?

ADD NOS BLAST to your pre-workout routine and start pushing the limits of your training. Our high-powered formula is designed to deliver enhanced mental focus, increased strength, and explosive energy through your workout.◇

Make every workout your best performance with NOS Blast.

*PER 2 SCOOPS

BODY FORTRESS®

SUPER ADVANCED

WHEY PROTEIN

FEATURES 100% PREMIUM WHEY
ZERO ADDED SOY PROTEIN△

60g PROTEIN*
12g BCAAs*

CINNAMON SWIRL
Naturally & Artificially Flavored

*PER 2 SCOOPS

- BUILD LEAN MUSCLE & STRENGTH◇
- BOOST POST-WORKOUT RECOVERY◇
- ZERO ASPARTAME- ZERO GLUTEN

PROTEIN SUPPLEMENT/ NET WT. 2 lb. (32 oz.) (907g)
NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

Supplement Facts

Amount Per Serving	1 Scoop (49 g) about 19	%Daily Value	2 Scoops (98 g) about 9	%Daily Value
Calories	200		400	
Calories from Fat	30		60	
Total Fat	3.5 g	5%**	7 g	11%**
Saturated Fat	1.5 g	8%**	3.5 g	18%**
Cholesterol	85 mg	28%	170 mg	57%
Total Carbohydrate	7 g	2%**	14 g	5%**
Dietary Fiber	0 g	0%**	0 g	0%**
Sugars	3 g	***	7 g	***
Protein	30 g	60%**	60 g	120%**
Calcium	169 mg	17%	337 mg	34%
Phosphorus	150 mg	15%	300 mg	30%
Magnesium	26 mg	7%	51 mg	13%
Sodium	80 mg	3%	160 mg	7%
Potassium	280 mg	8%	560 mg	16%
Super Recovery Blend	4.5 g	***	9 g	***
Creatine (as Creatine Monohydrate)	1.5 g	***	3 g	***
Taurine	1.5 g	***	3 g	***
L-Glutamine	1.5 g	***	3 g	***

**Percent Daily Values are based on a 2,000 calorie diet.
***Daily Value not established.

OTHER INGREDIENTS: Super Whey Protein Blend (Whey Protein Concentrate, Whey Protein Isolate), Maltodextrin, Sunflower Lecithin, Cinnamon Bark Powder, Natural and Artificial Flavors, Cellulose Gum, Acesulfame Potassium, Sucralose, Soy Lecithin.

Contains milk and soy ingredients. △Contains soy lecithin for enhanced mixability.

TYPICAL AMINO ACID PROFILE (MILLIGRAMS PER 49 G SCOOP**)**

ESSENTIAL AMINO ACIDS	NONESSENTIAL AMINO ACIDS
Histidine 534 mg	Alanine 1,519 mg
Isoleucine 1,783 mg	Arginine 852 mg
Leucine 3,067 mg	Aspartic Acid 3,155 mg
Lysine 2,998 mg	Cysteine 710 mg
Methionine 661 mg	Glutamic Acid 6,536 mg
Phenylalanine 955 mg	Glycine 553 mg
Threonine 2,028 mg	Proline 1,778 mg
Tryptophan**** 529 mg	Serine 1,548 mg
Valine 1,587 mg	Tyrosine 916 mg

****L-Tryptophan is naturally occurring, not added.
*****approximate values

BODY FORTRESS®
YOUR BODY - YOUR FORTRESS.®

For more information on other Body Fortress® products or for complete training and nutrition programs, visit www.bodyfortress.com.

Directions: For adults, add one (1) scoop to 6-8 ounces or two (2) scoops to 14-16 ounces of your favorite beverage. Consume within 10 minutes after mixing. Take this product with an adequate daily fluid intake. Super Advanced Whey Protein can be taken immediately following exercise or as needed throughout the day in order to meet your daily protein requirements.



Stir for 20-30 seconds or until completely blended. Cover and shake for 25-30 seconds. Cover and blend for 20-30 seconds.

Use in conjunction with an intense daily exercise program and a balanced diet including an adequate caloric intake.

Please note: Crystalline Taurine will appear as small crystals within the powder.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Avoid this product if you have kidney disease. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

KEEP OUT OF THE REACH OF CHILDREN. STORE AT ROOM TEMPERATURE, TIGHTLY CLOSED AND AVOID EXCESSIVE HEAT. FOR YOUR PROTECTION, DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Contents are sold by weight. Some settling may occur.



Manufactured according to cGMP standards, as is required for all dietary supplements.



GLUTEN FREE



Made In The USA from select ingredients from around the world.



Carefully Manufactured for United States Nutrition, Inc. Bohemia, NY 11716 U.S.A. 1-800-215-5980

