

IMPORTANT FACTS YOU SHOULD KNOW

Our Flaxseed Oil is one of the best sources of the Omega-3 fatty acid, alpha-linolenic acid. Through a unique cold processing method, the flaxseeds are pressed at very cold temperatures and are processed without solvents. Our Flaxseed Oil for softgels is dispensed and processed under a nitrogen blanket to safeguard it from oxygen exposure. The oil is dispensed under special yellow lights to protect against white light to retain its integrity.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives, No Lactose, No Sugar, No Preservatives, No Soy, No Artificial Flavor, No Sodium.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

Quality Guaranteed Lab Tested

Laboratory tested to meet strict quality control standards for potency, purity and disintegration. 100% Quality Guaranteed.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

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100 MISSION RIDGE
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ACTUAL
SIZE

Prod. No. 29351
03C B1452 ©2016

50 Softgels
Dietary Supplement



Made with
NATURAL COLD PRESSED

Flaxseed Oil
1000 mg

NATURAL OMEGA-3

Heart Health*



DIRECTIONS: FOR ADULTS, TAKE ONE (1) SOFTGEL THREE TIMES DAILY, PREFERABLY WITH MEALS. As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value	
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%**
Polyunsaturated Fat	0.5 g	***
Organic Flaxseed Oil	1,000 mg (1 g)	***
which typically contains:		
Alpha-Linolenic Acid (Omega-3)	450 mg	***
Linoleic Acid (Omega-6)	110 mg	***
Oleic Acid (Omega-9)	110 mg	***
Other Fatty Acids	50 mg	***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Gelatin, Glycerin, Caramel Color.