60g 100% ISOLAT

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VANILLA CRÈME Naturally & Artificially Flavored 100% ISOLAT

60g 100% ISOLATI

TRAINING ISN'T ABOUT SHORTCUTS. YOU GET OUT, WHAT YOU PUT IN. BODY FORTRESS® KNOWS THAT IT ISN'T ABOUT FLASHY GIMMICKS – IT'S WHAT'S ON THE INSIDE THAT REALLY COUNTS. THAT'S WHY OUR SUPER ADVANCED ISOLATE PROTEIN UNDERGOES STATE-OF-THE-ART MANUFACTURING PROCESSES. TO ENSURE WE'RE DELIVERING A PROTEIN YOU CAN COUNT ON TO BE HIGHLY PURIFIED AND CONTAIN REDUCED AMOUNTS OF UNWANTED FAT, CARBOHYDRATES, AND CHOLESTEROL. NO HYPE – JUST HARD WORK.

HIGHLY PURIFIED PROTEIN TO BUILD LEAN MUSCLE & STRENGTHO

SUSTAINED-RELEASED FORMULA TO BOOST POST-WORKOUT RECOVERY

12g OF NATURALLY OCCURRING BCAAs FROM PROTEIN\*

CONTAINS ZERO ASPARTAME – ZERO GLUTEN – ZERO GIMMICKS

PER ADVANCED ISOLATE PROTEIN CONTAINS FAST, MEDIUM AND SLOW ACTING PROTEINS THAT WO STHER TO DELIVER A SUSTAINED-RELEASE OF AMINO ACIDS, PLUS A FULL DOSE OF BETAINE TO SUPPORT LEAN MASS MAKES OUR MULTI-FUNCTIONAL FORMULA A GREAT CHOICE FOR ANY TIME OF DAY INCLUDING; POST-WORKO BETWEEN MEALS, OR BEFORE BED. SUPER ADVANCED ISOLATE PROTEIN IS ALWAYS ON THE CLOCK BECAUSE YOU DESER A PROTEIN POWDER THAT WORKS JUST AS HARD AS YOU DO.



#### TRIPLE-PHASE SUSTAINED RELEASE ISOLATE MATRIX

FAST = WHEY ISOLATE Provides Immedi

MEDIUM = SOY ISOLATE Creates a
Bridge Between Milk and Whey to Keep Steady
Flow of Amino Acids to Muscles.◊

SLOW = MILK ISOLATE Delivers and
Helps Feed Muscles for Longer Periods of Time.



## HAVE YOU MADE SUPER ADVANCED AMINO BLAST PART OF YOUR TRAINING?

Take your sports drinks and your training to a new level by adding Super Advanced Amino Blast to your workout routine. Our thirst quenching formula contains zero sugar and provides the key electrolytes and amino acids your body needs to stay hydrated and recover quicker so you can bounce back and be ready for your next workout.

\*PER 2 SCOOPS

# SODY FORTRESS

SUPER ADVANCED

# ISOLATE PROTEIN

100% ULTRA-PURE ISOLATE REDUCED FAT & CARBOHYDRATES

60g
PROTEIN\*

**VANILLA CREME** 

1g sugar\*



BOOST POST-WORKOUT RECOVERY

ZERO ASPARTAME- ZERO GLUTEN

PROTEIN SUPPLEMENT/ NET WT. 1.33 lb. (21 oz.) [595g]
NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

Copy Limit

### **Supplement Facts**

Serving Size Servings Per Container	1 Scoop (38 g about 16	1)	2 Scoops (76 g about 8	)
Amount Per Serving		%Daily Value		%Daily Value
Calories	140		280	
Calories from Fat	10		20	
Total Fat	1 g	2%**	2 g	3%**
Saturated Fat	0.5 g	3%**	1 g	5%**
Cholesterol	15 mg	5%	30 mg	10%
Total Carbohydrate	2 g	1%**	4 g	1%**
Dietary Fiber	0 g	0%**	0 g	0%**
Sugars	<1 g	***	1 g	***
Protein	30 g	60%**	60 g	120%**
Calcium	341 mg	34%	681 mg	68%
Phosphorus	258 mg	26%	516 mg	52%
Magnesium	19 mg	5%	37 mg	9%
Sodium	140 mg	6%	280 mg	12%
Potassium	90 mg	3%	175 mg	5%
D. L. D	4.05	444	0.5	

\*\*Percent Daily Values are based on a 2,000 calorie diet

Betaine Anhydrous

Other Ingredients: Tri-Phase Isolate Matrix (Milk Protein Isolate, Whey Protein Isolate, Supro® 661 Soy Protein Isolate), Natural and Artificial Flavors, Soy Lecithin, Sunflower Lecithin, Acesulfame Potassium, Sucralose, Carrageenan. Contains milk and soy ingredients.

♦These statements have not been evaluated by the Food and Drug Administratio
This product is not intended to diagnose, treat, cure or prevent any disease.

### TYPICAL AMINO ACID PROFILE (MILLIGRAMS PER 38 G SCOOP\*\*\*\*

ESSENTIAL AMINO ACIDS		NON	NONESSENTIAL AMINO ACIDS		
Histidine	964 mg	Al	lanine	1,161 mg	
Isoleucine	1,501 mg	Ai	rginine	1,348 mg	
Leucine	2,786 mg	A:	spartic Acid	2,720 mg	
Lysine	2,297 mg	C	ysteine	363 mg	
Methionine	684 mg	Gi	lutamic Acid	5,665 mg	
Phenylalanine	1,297 mg	GI	lycine	709 mg	
Threonine	1,430 mg	Pi	roline	2,198 mg	
Tryptophan****	450 mg	Se	erine	1,547 mg	
Valine	1,707 mg	T)	rosine	1,233 mg	

\*\*\*\*L-Tryptophan is naturally occurring, not added \*\*\*\*\*approximate values



YOUR BODY - YOUR FORTRESS.®

For more information on other Body Fortress® products or for complete training and nutrition programs, visit www.bodyfortress.com.

Directions: For adults, add one (1) scoop to 6-8 ounces or two (2) scoops to 14-16 ounces of your favorite beverage. Super Advanced Isolate Protein can be taken before or after exercise, between meals or before bed.

or before bed.			
STIR	SHAKE	BLEND	
	g . B	3	
Stir for 20-30 seconds or until completely blended.	Cover and shake for 25-30 seconds.	Cover and blend for 20-30 seconds.	
Use in conjunction with an	intense daily exercise pr	ogram and a balance	

Use in conjunction with an intense daily exercise program and a bala diet including an adequate caloric intake.

FREE OF: yeast, wheat, preservatives, artificial color.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

BetaPower® is a registered trademark of Danisco A/S.

Supro® is a registered trademark of Solae, LLC.

KEEP OUT OF THE REACH OF CHILDREN. STORE AT ROOM TEMPERATURE, TIGHTLY CLOSED AND AVOID EXCESSIVE HEAT. FOR YOUR PROTECTION, DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

Contents are sold by weight. Some settling may occur.



RAUFACTURED

featured according to transferds, as is required dictary supplements.

GLUTEN FREE





Carefully Manufactured for United States Nutrition, Inc. Bohemia, NY 11716 U.S.A. 1-800-215-5980



