

Supplement Facts

Serving Size: 1 packet (2.5g)
Servings Per Container: 28

Amount Per Serving		% Daily Value for Pregnant & Lactating Women
Calories	5	
Fat	0g	†
Carbohydrates	1g	†
Protein	0g	†
Vitamin D3 (as Cholecalciferol USP-FCC)	800IU	200%
Folic Acid (USP)	0.8mg	100%
Calcium (as Calcium Lactate FCC)	100mg	8%
Proprietary Blend	245mg	
Blessed Thistle PE 4:1		†
Fennel Seed (Foeniculum Vulgare)		†
Fenugreek Seed		†
Red Raspberry Leaf Powder		†

† Daily Value Not Established

Other Ingredients: Natural Flavors, Stevia Extract
CONTAINS TRACES OF SOY

Manufactured for Luna Pharmaceuticals, Inc., Providence, RI 02903 USA

Fenugreek may cause upset stomach or excessive gas in mother or baby, may lower blood sugar, may cause break through menstrual bleeding, may lower the thyroid hormone T3 and should be avoided by women with hypothyroidism.

As with any supplement, if you are pregnant, nursing or taking medication, consult your doctor before use.

Store at room temperature. Avoid excessive heat.

KEEP OUT OF REACH OF CHILDREN.

Do not use this product if safety seal on flap is torn or missing.

DIRECTIONS: Use one packet daily. Mix one packet with at least 12oz of liquid. Blend well to completely dissolve.

Enjoy Premama® any of these refreshing ways:



Mix it with water, shake and drink.



Mix it with any non-carbonated beverage.



Blend it into your favorite smoothie.

Look for these other Premama® products:



Essentials • Fertility
Essentials + DHA • Digestive Aid

Questions or Comments? Call 1 (401) 383-0299
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Made and packaged in the USA
from domestic and imported ingredients

premama[®]
The Lactation Supplement You Can Drink!



vitamin angels[®]
PROUD SUPPORTER

premama[®]
Lactation Support Drink Mix

Lactation

Supports Breast Milk Production*

With Fenugreek, Fennel Seed and Blessed Thistle

Fortifies Breast Milk with Added Nutrition*

with Folic Acid, Vitamin D3 and Calcium



DIETARY
SUPPLEMENT

Mixed Berry
28 PACKETS
NET WT 2.47oz (70g)



Essential vitamins to boost breast milk nutrition.*



Fennel Seed and Fenugreek to support milk production.*



Blessed Thistle for added lactation support.*

Easy To Drink,
Easy On Your Stomach.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

