

60g
PROTEIN*

FEATURING
100% WHEY
*PER 2 SCOOPS

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*PER 2 SCOOPS

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COOKIES N CREME
Naturally & Artificially Flavored

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YOU GIVE 100% IN TRAINING: BODY FORTRESS® GIVES YOU 100% RIGHT BACK. SUPER ADVANCED WHEY PROTEIN FEATURES 100% PREMIUM WHEY ENHANCED WITH CREATINE AND OTHER CRITICAL AMINO ACIDS. OUR NO-NONSENSE FORMULA GIVES YOU THE POWER TO TRAIN HARDER AND REBUILD LEAN MUSCLE FASTER, BECAUSE TOMORROW'S WORKOUT STARTS WITH TODAY'S RECOVERY.*◇

- PREMIUM WHEY PROTEIN TO BUILD LEAN MUSCLE & STRENGTH◇
- AMINO ACIDS – PLUS CREATINE FOR IMPROVED TRAINING RECOVERY*◇
- 12g OF NATURALLY OCCURRING BCAAs FROM PROTEIN*
- CONTAINS ZERO ASPARTAME – ZERO GLUTEN – ZERO GIMMICKS

SUPER ADVANCED WHEY PROTEIN FEATURES 100% PREMIUM WHEY AND UNLIKES OTHER COMPETITORS OUR FORMULA CONTAINS ZERO ADDED SOY PROTEIN.△ WHEY PROTEIN IS THE PREFERRED SOURCE FOR SPORTS NUTRITION AS IT PROVIDES A HIGHER CONCENTRATION OF BCAAs ESSENTIAL FOR SUPPORTING STRENGTH AND TRAINING PERFORMANCE.◇

WHEY BETTER WITH BODY FORTRESS®

	Body Fortress® Super Advanced Whey	COMPETITOR #1	COMPETITOR #2
PROTEIN PER SERVING	30g	30g	25g
Features 100% WHEY PROTEIN	●	●	●
Enhanced with a Non-Proprietary Blend of CREATINE & AMINO ACIDS	●	†	●
Contains ZERO ADDED SOY PROTEIN △	●	●	●
Contains ZERO ADDED CORN SYRUP SOLIDS	●	●	●

† contains proprietary amino acid blend



**HAVE YOU MADE NOS BLAST
PART OF YOUR TRAINING?**

ADD NOS BLAST to your pre-workout routine and start pushing the limits of your training. Our high-powered formula is designed to deliver enhanced mental focus, increased strength, and explosive energy through your workout.◇

Make every workout your best performance with NOS Blast.

*PER 2 SCOOPS

BODY X FORTRESS®

SUPER ADVANCED

**WHEY
PROTEIN**

FEATURES 100% PREMIUM WHEY
ZERO ADDED SOY PROTEIN△

60g
PROTEIN*

12g
BCAAs*

COOKIES N CREME
Naturally & Artificially Flavored

- BUILD LEAN MUSCLE & STRENGTH◇
- BOOST POST-WORKOUT RECOVERY◇
- ZERO ASPARTAME- ZERO GLUTEN

*PER 2 SCOOPS

PROTEIN SUPPLEMENT/ NET WT. 2 lb. (32 oz.) (907g)
NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

Supplement Facts

	1 Scoop (50 g) about 18	2 Scoops (100 g) about 9
Serving Size		
Servings Per Container		
Amount Per Serving	%Daily Value	%Daily Value
Calories	200	400
Calories from Fat	35	70
Total Fat	4 g	8 g
Saturated Fat	1.5 g	3 g
Cholesterol	95 mg	195 mg
Total Carbohydrate	8 g	17 g
Dietary Fiber	<1 g	2 g
Sugars	2 g	5 g
Protein	30 g	60 g
Calcium	165 mg	330 mg
Phosphorus	149 mg	298 mg
Magnesium	31 mg	62 mg
Sodium	85 mg	170 mg
Potassium	280 mg	560 mg
Super Recovery Blend	4.5 g	9 g
Creatine	1.5 g	3 g
(as Creatine Monohydrate)		
Taurine	1.5 g	3 g
L-Glutamine	1.5 g	3 g

**Percent Daily Values are based on a 2,000 calorie diet.
***Daily Value not established.

OTHER INGREDIENTS: Super Whey Protein Blend (Whey Protein Concentrate, Whey Protein Isolate), Maltodextrin, Cocoa (processed with alkali), Natural Flavors, Soy Lecithin, Cellulose Gum, Acesulfame Potassium, Sucralose.

Contains milk and soy ingredients. △Contains soy lecithin for enhanced mixability.

TYPICAL AMINO ACID PROFILE (MILLIGRAMS PER 50 G SCOOP****)

ESSENTIAL AMINO ACIDS	NONESSENTIAL AMINO ACIDS
Histidine 654 mg	Alanine 1,344 mg
Isoleucine 1,748 mg	Arginine 930 mg
Leucine 3,172 mg	Aspartic Acid 3,344 mg
Lysine 2,696 mg	Cysteine 631 mg
Methionine 643 mg	Glutamic Acid 5,822 mg
Phenylalanine 1,001 mg	Glycine 577 mg
Threonine 2,271 mg	Proline 1,729 mg
Tryptophan**** 511 mg	Serine 1,706 mg
Valine 1,676 mg	Tyrosine 910 mg

****L-Tryptophan is naturally occurring, not added.
*****approximate values

BODY X FORTRESS®

YOUR BODY - YOUR FORTRESS.®

For more information on other Body Fortress® products or for complete training and nutrition programs, visit www.bodyfortress.com.

Directions: For adults, add one (1) scoop to 6-8 ounces or two (2) scoops to 14-16 ounces of your favorite beverage. Consume within 10 minutes after mixing. Take this product with an adequate daily fluid intake. Super Advanced Whey Protein can be taken immediately following exercise or as needed throughout the day in order to meet your daily protein requirements.

STIR



SHAKE



BLEND



Stir for 20-30 seconds or until completely blended.

Cover and shake for 25-30 seconds.

Cover and blend for 20-30 seconds.

Use in conjunction with an intense daily exercise program and a balanced diet including an adequate caloric intake.

Please note: Crystalline Taurine will appear as small crystals within the powder.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Avoid this product if you have kidney disease. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

KEEP OUT OF THE REACH OF CHILDREN. STORE AT ROOM TEMPERATURE, TIGHTLY CLOSED AND AVOID EXCESSIVE HEAT. FOR YOUR PROTECTION, DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

◇These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Contents are sold by weight. Some settling may occur.



Manufactured according to cGMP standards, as is required for all dietary supplements.



GLUTEN FREE



from select ingredients from around the world



Carefully Manufactured for United States Nutrition, Inc. Bohemia, NY 11716 U.S.A. 1-800-215-5980

