

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN  
USE ONLY IF SAFETY SEAL IS INTACT  
PLEASE RECYCLE

#### Recommendations

1 to 2 capsules daily, or  
as directed by your  
healthcare professional.

#### Warning

If pregnant, consult your  
physician before taking.

CONTAINS NO COATINGS, BINDERS,  
YEAST, WHEAT, GLUTEN, MILK/DAIRY,  
CORN PROTEIN, SOY PROTEIN, EGGS,  
SUGAR, HYDROGENATED OIL, ARTIFICIAL  
COLORING, ARTIFICIAL FLAVORING,  
OR PRESERVATIVES.

MADE IN THE USA

Independently tested for authenticity,  
potency, heavy metals, solvent residue,  
herbicide & pesticide residue, aflatoxins,  
rancidity (peroxides & anisidines), stability  
and bacteria, yeast and mold counts.



  
**VITAL**  
NUTRIENTS  

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**Borage Oil**  
**COLD PRESSED**  
**EXTRACTED WITHOUT CHEMICALS**

DIETARY SUPPLEMENT  
**180 SOFTGEL CAPSULES**

## Supplement Facts

serving size: 1 softgel • servings per container: 180

|                   | amount<br>per serving | % daily<br>value |
|-------------------|-----------------------|------------------|
| Calories          | 10                    |                  |
| Calories from Fat | 10                    |                  |
| Total Fat         | 1g                    | 1.5%†            |
| Saturated Fat     | 175mg                 | <1%†             |
| Cholesterol       | 0                     | 0%†              |

Borage Seed Oil 1000mg \*

(cold pressed extracted without chemicals)  
GLA min. 200mg \*

(gamma linolenic acid)  
(Typical range 200mg-240mg by A% method)  
† Percent Daily Values are based on a 2000 calorie diet  
\* Daily Value not established

Other Ingredients: Gelatin, Glycerin, and Water.

manufactured for  
**VITAL NUTRIENTS**  
45 KENNETH DOOLEY DRIVE  
MIDDLETOWN, CT 06457 USA