

DIRECTIONS: Take Greens Today® Original Formula once or twice daily on an empty stomach or with a light meal. Pour 8-12 oz. of water, juice, soy, rice or almond milk into a blender or shaker with cover. Add in one (1) level scoop (17 g) of Greens Today® Powder. Cover, blend or shake well, and enjoy!

Greens Today® Original Formula is an unsurpassed, advanced phytonutrient Superfood which supplies uniquely combined nutraceutical ingredients, including Vitamins and Minerals, Green Superfoods, a Fiber Blend, Herbs, Vegetables and Fruits in an easy to mix, delicious formula.

Green Up Your Day!

Store in a cool, dry place.

This product is sold by weight, not volume.

Settling of contents may occur during shipping and handling.

WARNING: Keep Out of Reach of Children.

Do not use if safety seal is damaged or missing. If you are pregnant, nursing, sensitive to bee products, taking any medications, planning any medical procedure or have a medical condition, consult with your healthcare practitioner before use.

*Per serving

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& www.greentoday.com

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



27400 REV 7/14



Original

4,000 mg of Green Superfoods*
Spirulina, Broccoli, Barley Grass, Wheat Grass & MORE!

1,290 mg Fiber Blend*
Flaxseed, Rice Bran, Apple Fiber & FOS

Vegetables, Fruits, Mushrooms, Adaptogens & MORE!

POWERFUL NUTRIENTS

Dietary Supplement

Net Wt. 18 oz (510 g)

Supplement Facts

Serving Size 1 Level Scoop (17 g)

Servings Per Container 30

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories	50	Chromium (as Chromium Picolinate)	225 mcg 188%
Calories from Fat	5	Molybdenum	90 mcg 120%
Total Fat	0.5 g 1%**	(as Molybdenum Amino Acid Chelate)	
Total Carbohydrate	9 g 3%**	Sodium (as Sodium Ascorbate)	30 mg 1%
Sugars	1 g †	Potassium	370 mg 11%
Protein	2 g 4%**	(as Potassium Citrate and Dipotassium Phosphate)	
Vitamin A (as Beta-Carotene)	5,000 IU 100%	Proprietary Green Superfood Blend	4,000 mg (4 g) †
Vitamin C (as Sodium Ascorbate)	225 mg 375%	Spirulina, Broccoli (flower), Barley (grass), Alfalfa (leaf),	
Vitamin D3 (as Cholecalciferol)	800 IU 200%	Wheat (grass), Chlorella, Spinach (leaf), Kelp.	
Vitamin E (as d-Alpha Tocopheryl Acid Succinate and Mixed Tocopherols)	190 IU 633%	Proprietary Fiber Blend	1,290 mg (1.29 g) †
Vitamin K (Phytonadione)	8 mcg 10%	Flaxseed, Rice Bran, Apple Fiber, Fructooligosaccharides (FOS).	
Thiamin (Vitamin B1)	2.5 mg 167%	Proprietary Herbal Blend	490 mg †
Riboflavin (Vitamin B2)	1.7 mg 100%	Slippery Elm (bark), Jerusalem Artichoke (tuber),	
Niacin (as Niacinamide)	17 mg 85%	Maca Root Extract, Eleuthero Root Extract, Astragalus (root),	
Vitamin B6 (as Pyridoxine Hydrochloride)	4 mg 200%	Fo-Ti (root), Burdock (root), Pau d'Arco (bark), Ginger (root),	
Folic Acid	400 mcg 100%	Dandelion (root), Hawthorn (berry), <i>Echinacea purpurea</i>	
Vitamin B12 (as Cyanocobalamin)	30 mcg 500%	Root Extract, Horsetail (herb).	
Biotin	260 mcg 87%	Proprietary Antioxidant Blend	225 mg †
Pantothenic Acid (as Calcium d-Pantothenate)	9 mg 90%	Beet (root), Lemon Bioflavonoids, Rose Hips (fruit),	
Calcium (as Calcium Carbonate, Calcium Citrate and Calcium Malate)	480 mg 48%	Acerola Cherry (fruit), Green Tea Leaf Extract,	
Iron	6 mg 33%	Bilberry Fruit Extract.	
Phosphorus (as Dipotassium Phosphate)	52 mg 5%	Proprietary Immune Blend	120 mg †
Iodine (from Kelp)	130 mcg 87%	Bee Pollen, Milk Thistle (seed), Shiitake Mushroom,	
Magnesium (as Magnesium Citrate)	250 mg 63%	Reishi Mushroom, Maitake Mushroom.	
Zinc (as Zinc Glycinate Chelate)	13 mg 87%	Proprietary Fruit & Vegetable Blend	120 mg †
Selenium	70 mcg 100%	Kale (leaf), Carrot (root), Tomato (fruit), Tart Cherry (fruit).	
(as Selenium Amino Acid Chelate)		Plant Sterols	50 mg †
Copper (as Copper Gluconate)	1.5 mg 75%	Kelp Extract	25 mg †
Manganese (as Manganese Chelazome)	2 mg 100%	Vanadium Chelavite	50 mcg †

**Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Soy Lecithin, Fructose, Maltodextrin, Natural Strawberry Flavor, Cellulose Gum, Xanthan Gum, Carob Bean, Silica. **Call 1-800-439-2324 for product information, or access our website: www.greentoday.com**