DIRECTIONS: Take Greens Today® Green Power® Formula once daily on an empty stomach before or after exercising/training. Pour 8-12 ounces of water. juice, soy, rice or almond milk into a blender or shaker with cover. Add in three level scoops. Cover, blend or shake well, and enjoy!

Greens Today® Green Power® Formula is an advanced phyto-nutrient Super Food which contains uniquely combined nutraceutical ingredients, including spirulina, alfalfa, barley grass, wheat grass, spinach, plant fibers, herbs and vegetables.

Greens Today® Green Power® features 40 grams of Power Blend with Whey. Glutamine, Creatine, L-Carnitine, L-Ornithine, Tribulus and Garcinia cambogia.

## **Power Up with Your Greens!**

This product is sold by weight, not volume. Settling of contents may occur during shipping and handling.

WARNING: Keep Out of Reach of Children. Do not use if safety seal is damaged or missing. If you are pregnant, nursing, taking any medications, planning any medical procedure or have a medical condition, consult with your healthcare practitioner before use.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction. Store in a cool, dry place.



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VISIT OUR WEB SITES vww.naturesanswer.com

& www.greenstoday.com



Dietary Supplement

Net Wt. 13.33 oz (375 g)

## Supplement Facts

Serving Size 3 Level Scoops (75g) Servings Per Container 5

Amount Per Serving	% D:	aily Value	Amount Per Serving	% Daily
Calories	190		Copper (as Copper Gluconate)	1.5 mg
Calories from Fat	30		Manganese (as Manganese Chelazome)	1.7 mg
Total Fat	3.5 g	5%*	Chromium (as Chromium Picolinate)	210 mcg
Saturated Fat	2 g	10%*	Molybdenum	86 mcg
Cholesterol	80 g	27%	(from Molybdenum Amino Acid Chelate)	oo mog
Total Carbohydrates	12 g	4%*	Sodium	21 mg
Sugars	12 g	†	(from Sodium Ascorbate and Whey Protein 0	Concentrate)
Protein	28 g	56%*	Potassium	311 mg
Vitamin A (as Beta-Carotene)	4,140 IU	83%	(as Potassium Citrate and Dipotassium Ph	osphate)
Vitamin C (as Sodium Ascorbate)	210 mg	350%	Proprietary Power Blend	40 g
Vitamin D3 (as Cholecalciferol)	800 IU	200%	Whey Protein Concentrate, Creatine Monohy	
Vitamin E	168 IU		Peptide, Garcinia cambogia Fruit Extract, L-	
(as d-Alpha Tocopheryl Succinate and Mixe	d Tocophero		L-Ornithine Hydrochloride, Choline Bitartrati Tribulus terrestris (herb), Alpha Lipoic Acid.	, inositoi,
Vitamin K (Phytonadione)	8 mcg	10%	Proprietary Superfood Blend	3.4 g
Thiamin (Vitamin B1)	2.5 mg	167%	Spirulina, Broccoli (flower), Barley (grass), A	
Riboflavin (Vitamin B2)	1.7 mg	100%	Wheat (grass), Chlorella, Spinach (leaf), Kelj	0.
Niacin (as Niacinamide)	17 mg	85%	Proprietary Fiber Blend	1.3 g
Vitamin B6 (as Pyridoxine Hydrochloride)	4 mg	200%	Flaxseed, Rice Bran, Apple Fiber.	
Folic Acid	365 mcg	91%	Proprietary Herbal Blend	365 mg
Vitamin B12 (as Cyanocobalamin)	28 mcg	467%	Slippery Elm (bark), Jerusalem Artichoke ( Extract, Eleuthero Root Extract, Astragalus	
Biotin	250 mcg	83%	Burdock (root), Pau d'Arco (bark), Ginger (	
Pantothenic Acid (as Calcium d-Pantothena	ate) 8 mg	80%	(root), Hawthorn (berry), Echinacea purpur	ea Root Extrac
Calcium	396 mg	40%	Horsetail (herb).  Proprietary Antioxidant Blend	120 mg
(as Calcium Carbonate, Calcium Citrate ar			Grape Seed Extract, Green Tea Leaf Extra	
Iron	5.5 mg	31%	Extract, Bilberry Fruit Extract, Beet (root).	
Phosphorus (as Dipotassium Phosphate)	49 mg	5%	Proprietary Bee Blend	120 mg
lodine (as Kelp)	125 mcg	83%	Bee Pollen, Royal Jelly.	
Magnesium (as Magnesium Citrate)	220 mg	55%	Vanadium Chelavite	50 mcg
Zinc (as Zinc Glycinate Chelate)	12.5 mg	83%	*Percent Daily Values are based on a 2,000	calorie diet.
Selenium (as Selenium Amino Acid Chelate	e) 70 mcg	100%	† Daily Value not established.	outorio dioti
Other Ingredients: Maltodextrin, Fructose.	Natural Va	nilla Flav	or, Celluose Gum, Xanthan Gum, Silica, Carol	n. Stevia Extra

В	Amount Per Serving	% Dai	ily Valu
Г	Copper (as Copper Gluconate)	1.5 mg	75%
ı	Manganese (as Manganese Chelazome)	1.7 mg	85%
ı	Chromium (as Chromium Picolinate)	210 mcg	175%
	Molybdenum (from Molybdenum Amino Acid Chelate)	86 mcg	115%
	Sodium (from Sodium Ascorbate and Whey Protein C	21 mg oncentrate)	1%
	Potassium (as Potassium Citrate and Dipotassium Pho	311 mg sphate)	9%
	Proprietary Power Blend Whey Protein Concentrate, Creatine Monohy Peptide, Garcinia cambogia Fruit Extract, L-C L-Ornithine Hydrochloride, Choline Bitartrate Tribulus terrestris (herb), Alpha Lipoic Acid.	Camitine Tar	
	Proprietary Superfood Blend Spirulina, Broccoli (flower), Barley (grass), Al Wheat (grass), Chlorella, Spinach (leaf), Kelp		Ť
İ	Proprietary Fiber Blend Flaxseed, Rice Bran, Apple Fiber.	1.3 g	t
	Proprietary Herbal Blend Slippery Elm (bark), Jerusalem Artichoke (t		
	Extract, Eleuthero Root Extract, Astragalus Burdock (root), Pau d'Arco (bark), Ginger (n (root), Hawthorn (berry), Echinacea purpure	oot), Dandel	lion

orsetail (herb) oprietary Antioxidant Blend Grape Seed Extract, Green Tea Leaf Extract, Pine Bark Extract, Bilberry Fruit Extract, Beet (root), Rose (hips). roprietary Bee Blend lee Pollen, Royal Jelly 50 mca

Celluose Gum, Xanthan Gum, Silica, Carob, Stevia Extract

Call 1-800-439-2324 for product information, or access our website: www.greenstoday.com