

Natural Vitamin K2 with MenaQ7® provides the superior form of vitamin K for optimum bioavailability and delivery to the body. Vitamin K isn't one vitamin, it's a family of fat-soluble vitamins with similar chemical structures but different metabolic properties. K2 belongs to a group of vitamin K compounds called *menaquinones*, which show greater bioactivity when compared to K1, the ordinary supplemental form. K2 is absorbed more completely, remains in the body longer and delivers more benefits for bones, blood vessels and other soft tissues.*

Helps support bone health and soft tissue elasticity*

Highly effective delivery of vitamin K to bone and soft tissue*

Helps support calcium metabolism for maintenance of healthy bone*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



YDRB334-2



**Dietary
Supplement**

**Doctor's
BEST®**

**Science-Based
Nutrition™**

**Natural
Vitamin K₂**
MK-7 with
MenaQ7®
Natural Vitamin K₂

**A SUPERIOR FORM OF VITAMIN K FOR
HEALTHY BONES AND SOFT TISSUE***



100 mcg/60 Veggie Caps

Supplement Facts

Serving Size 1 capsule

Servings per container 60 servings

	Amount per serving	% Daily Value
Vitamin K (as vitamin K ₂ from MenaQ7® Crystals)	100 mcg	125%

† Daily Value not established.

Other Ingredients: Microcrystalline cellulose, modified cellulose (vegetarian capsule), silicon dioxide, glycerol monostearate (vegetable source), ascorbyl palmitate, rosemary extract.

Suggested Adult Use: Take 1 capsule daily, with or without food, or as recommended by a nutritionally-informed physician.

Caution: This product contains vitamin K. Consult your physician if using blood-thinning medications such as warfarin.

Non-GMO / Gluten Free / Soy Free / Vegan

Store in a cool dry place.

MenaQ7® is a trademark of NattoPharma, Norway.

Manufactured for **Doctor's Best, Inc.**

California, USA

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