

Natural Vitamin K2 MK-7 with MenaQ7® provides the superior form of vitamin K for optimum bioavailability and delivery to the body. Vitamin K isn't one vitamin, it's a family of fat-soluble vitamins with similar chemical structures but different metabolic properties. K2 belongs to a group of vitamin K compounds called menaquinones, which show greater bioactivity when compared to K1, the ordinary supplemental form. K2 is absorbed more completely, remains in the body longer and delivers more benefits for bones, blood vessels and other soft tissues.*

Helps support bone health and soft tissue elasticity*

Highly effective delivery of vitamin K to bone and soft tissue*

Helps support calcium metabolism for maintenance of healthy bone*

MenaQ7® is a trademark of NattoPharma, Norway. Patents Pending.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured for Doctor's Best, Inc.

San Clemente, CA 92673

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**Doctor's
BEST®**

**Science-Based
Nutrition™**

**Natural
Vitamin K₂**
MK-7 with
MenaQ7®
Natural Vitamin K₂

**A SUPERIOR FORM OF VITAMIN K FOR
HEALTHY BONES AND SOFT TISSUE***

Vegan™

45 mcg / 60 Veggie Caps



**Dietary
Supplement**

Supplement Facts

Serving Size 1 capsule

Servings per container 60 servings

Amount per serving		% Daily Value
Vitamin K (as vitamin K ₂ from MenaQ7®)	45 mcg	56%

Other Ingredients: Microcrystalline cellulose, modified cellulose (vegetarian capsule), magnesium stearate (vegetable source), glycerol monostearate, ascorbyl palmitate, rosemary extract.

Suggested Adult Use: Take 1 capsule daily, with or without food, or as recommended by a nutritionally-informed physician.

Caution: This product contains vitamin K. Consult your physician if using blood-thinning medications such as Coumadin/warfarin.

Non-GMO / Gluten Free / Vegan / Soy Free
Store in a cool dry place.



YDRB198-4