

AlphaSize® (GPC, GlyceroPhosphoCholine) and SerinAid® (PS, PhosphatidylSerine) are phospholipid nutrients intensively researched for their benefits to diverse human brain functions.* These nutrients naturally complement each other: GPC reaches very high concentrations inside cells. PS is a building block for cell membranes that generate the brain's energy and electricity.* Numerous double-blind trials document the benefits of GPC and PS.*

Helps support attention, learning, memory, and other cognitive functions*

Helps assist the brain and body in coping with stress*

Helps facilitate growth factor action for brain circuit renewal*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



YDRB214-3



**Dietary
Supplement**

**Doctor's
BEST®**

**Science-Based
Nutrition™**

Natural Brain Enhancers

with  and 
AlphaSize® **SerinAid®**
Alpha-Glycerol Phosphoryl Choline PhosphatidylSerine

**HELPS PROMOTE MEMORY
& ATTENTION***

60 Veggie Caps



Supplement Facts

Serving Size 2 veggie capsules
Servings per container 30 servings

	Amount per serving	% Daily Value
GlyceroPhosphoCholine [GPC, from AlphaSize®]	300 mg	†
PhosphatidylSerine [PS, from SerinAid®]	100 mg	†

† Daily Value not established.

Other Ingredients: Dicalcium phosphate, modified cellulose (vegetarian capsule), silicon dioxide, magnesium stearate (vegetable source), magnesium silicate.

Contains Soy

Suggested Adult Use: Take 2 capsules daily between meals, not later than 4 pm. Up to 6 capsules per day may be beneficial, or higher intakes as recommended by a nutritionally-informed physician.

Non-GMO / Gluten Free / Vegan

Store in a cool dry place.

AlphaSize® and SerinAid® are registered trademarks of Chemi Nutra.

Manufactured for **Doctor's Best, Inc.**

California, USA

(800) 777-2474 www.drbrvitamins.com