**DIRECTIONS:** Take Greens Today® Green Power Formula once daily on an empty stomach before or after exercising/training. Pour 8-12 ounces of water, juice, soy, rice or almond milk into a blender or shaker with cover. Add in three (3) level scoops (75 g) of Green Power. Cover, blend or shake well, and enjoy!

Greens Today® Green Power Formula is an advanced phytonutrient Superfood which supplies uniquely combined nutraceutical ingredients, including spirulina. barley grass, alfalfa, wheat grass, spinach, plant fibers, herbs and vegetables.

Greens Today® Green Power features a 40 gram Power Blend that supplies Whey, Creatine, Glutamine, Garcinia cambogia, L-Carnitine, L-Ornithine, Tribulus and more,

## **Power Up with Your Greens!**

This product is sold by weight, not volume. Settling of contents may occur during shipping and handling.

WARNING: Keep Out of Reach of Children. Do not use if safety seal is damaged or missing. If you are pregnant, nursing, sensitive to bee products, taking any medications, planning any medical procedure or have a medical condition, consult with your healthcare practitioner before use.

**NOTICE:** Use this product as a food supplement only. Do not use for weight reduction. Store in a cool, dry place.



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These statements have not been evaluated by the Food diagnose, treat, cure, or prevent any disease.

\*\*Per serving



## Supplement Facts

Serving Size 3 Level Scoops (75 g) Servings Per Container 15

Amount Per Serving		% Daily Value	
Calories	190		
Calories from Fat	30		
Total Fat	3.5 g	5%*	
Saturated Fat	2 g	10%*	
Cholesterol	80 mg	27%	
Total Carbohydrate	12 g	4%*	
Sugars	12 g	†	
Protein	28 g	56%*	
Vitamin A (as Beta-Carotene)	4,140 IU	83%	
Vitamin C (as Sodium Ascorbate)	210 mg	350%	
Vitamin D3 (as Cholecalciferol)	800 IU	200%	
Vitamin E (as d-Alpha Tocopheryl Succinate and Mixed Tocophero	ls) 168 IU	560%	
Vitamin K (Phytonadione)	8 mcg	10%	
Thiamin (Vitamin B1)	2.5 mg	167%	
Riboflavin (Vitamin B2)	1.7 mg	100%	
Niacin (as Niacinamide)	17 mg	85%	
Vitamin B6 (as Pyridoxine Hydrochloride)	4 mg	200%	
Folic Acid	365 mcg	91%	
Vitamin B12 (as Cyanocobalamin)	28 mcg	467%	
Biotin	250 mcg	83%	
Pantothenic Acid (as Calcium d-Pantothenate)	8 mg	80%	
Calcium (as Calcium Carbonate, Calcium Citrate and Calcium Mala	te) 396 mg	40%	
Iron (as Iron Amino Acid Chelate)	5.5 mg	31%	
Phosphorus (as Dipotassium Phosphate)	49 mg	5%	
lodine (as Kelp)	125 mcg	83%	
Magnesium (as Magnesium Citrate)	220 mg	55%	
Zinc (as Zinc Glycinate Chelate)	12.5 mg	83%	
Selenium (as Selenium Amino Acid Chelate)	70 mcg	100%	

Copper (as Copper Gluconate)	1.5 mg	75%
Manganese (as Manganese Chelazome)	1.7 mg	85%
Chromium (as Chromium Picolinate)	210 mcg	175%
Molybdenum (as Molybdenum Amino Acid Chelate)	86 mcg	115%
Sodium (from Sodium Ascorbate and Whey Protein Concenti	rate) 20 mg	1%
Potassium (as Potassium Citrate and Dipotassium Phosphate)	310 mg	9%
Proprietary Power Blend	40 a	+
Whey Protein Concentrate, Creatine Monohydrate, Glutami Garcinia cambogia Fruit Extract, L-Carnitine Tartrate, L-Or Choline Bitartrate, Inositol, Tribulus terrestris (herb), Alpha	ine Peptide, nithine Hydro	chloride
Garcinia cambogia Fruit Extract, L-Carnitine Tartrate, L-Or	ine Peptide, nithine Hydro	chloride †

lippery Elm (bark), Jerusalem Artichoke (tuber), Maca Root Extrac Eleuthero Root Extract, Astragalus (root), Fo-Ti (root), Burdock (root)

Pau d'Arco (bark), Ginger (root), Dandelion (root), Hawthorn (berry), Echinacea purpurea Root Extract. Horsetail (herb).

120 ma

Grane Seed Extract. Green Tea Leaf Extract. Pine Bark Extract.

\*Percent Daily Values are based on a 2,000 calorie diet. + Daily Value not established

tilberry Fruit Extract. Reet (root). Rose (hips)

Proprietary Antioxidant Blend

Proprietary Ree Bland

Vanadium Chelavite

Bee Pollen, Royal Jelly

Other Ingredients: Maltodextrin, Fructose, Natural Vanilla Flavor, Soy Lecithin, Celluose Gum, Xanthan Gum, Silica, Carob, Stevia Extract

Amount Per Serving

Call 1-800-439-2324 for product information, or access our website: www.greenstoday.com