

DIRECTIONS: Take Greens Today® Men's Formula once daily on an empty stomach or with a light meal. Pour 8-12 oz. of water, juice, soy, rice or almond milk into a blender or shaker with cover. Add in three (3) level scoops (50 g) of Greens Today® Men's Formula. Cover, blend or shake well, and enjoy!

Greens Today® Men's Formula is an Unsurpassed, Advanced Phyto-Nutrient Superfood which supplies uniquely combined nutraceutical ingredients including Whey Protein, Maca, Horny Goat Weed, Sarsaparilla, Muira Puama, Saw Palmetto, *Tribulus terrestris*, L-Arginine, Pygeum, Nettle Root, Lycopene, Zinc & so much more.

Greens Today® Men's Formula helps keep men energized and happy!™

This product is sold by weight, not volume.
Settling of contents may occur during shipping and handling.

WARNING: Keep Out of Reach of Children. Do not use if safety seal is damaged or missing. If you are pregnant, nursing, taking any medications, planning any medical procedure or have a medical condition, consult with your healthcare practitioner before use.

NOTICE: Use this product as a food supplement only.
Do not use for weight reduction.

Store in a cool, dry place.

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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VISIT OUR WEB SITES
www.naturesanswer.com
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27412 REV 4/14



Men's Formula Superfood for Everyday Health

20 grams of WHEY PROTEIN

3,000 mg of SUPER GREENS

Spirulina, Broccoli, Barley Grass,
Wheat Grass & MORE!

POWERFUL NUTRIENTS

Dietary Supplement

Net Wt. 8.8 oz (250 g)

A men's formula supplying (in each 50 g serving) the following:

Supplement Facts

Serving Size 3 Level Scoops (50 g)
Servings Per Container 5

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories	130	Manganese (as Manganese Chelazome)	1 mg 50%
Calories from Fat	10	Chromium (as Chromium Picolinate)	120 mcg 100%
Total Fat	1 g 2%*	Molybdenum (as Molybdenum Amino Acid Chelate)	48 mcg 64%
Saturated Fat	1 g 5%*	Sodium (as Sodium Ascorbate)	11 mg <1%
Total Carbohydrate	10 g 3%*	Potassium (as Potassium Citrate and Dipotassium Phosphate)	175 mg 5%
Dietary Fiber	6 g 24%*		
Soluble Fiber	6 g †	Whey Protein Concentrate	29 g †
Sugars	3 g †	Proprietary Superfood Blend	3.25 g †
Protein	20 g 40%*	Spirulina, Broccoli (flower), Barley (grass), Alfalfa (leaf), Wheat (grass), Chlorella, Spinach (leaf), Kelp.	
Vitamin A (as Beta-Carotene)	1,875 IU 38%	Proprietary Fiber Blend	3.6 g †
Vitamin C (as Sodium Ascorbate)	118 mg 197%	Oat Bran, Apple Fiber, Flaxseed, Rice Bran, Fructooligosaccharide (FOS).	
Vitamin D3 (as Cholecalciferol)	466 IU 117%	Proprietary Herbal Blend	365 mg †
Vitamin E (as d-Alpha Tocopheryl Acid Succinate and Mixed Tocopherols)	95 IU 317%	Maca Root Extract, Artichoke Leaf Extract, Eleuthero Root Extract, Rhodiola Root Extract, Cinnamon (bark), Dulse Seaweed, Dandelion (root), Fo-Ti (root), Hawthorn (berry), Pau d'Arco (bark), Astragalus (root), Ginger (root), Horsetail (herb).	
Vitamin K (Phytonadione)	1 mcg 1%	Proprietary Men's Blend	1.2 g †
Thiamin (Vitamin B1)	1.4 mg 93%	Horny Goat Weed Extract, Muira Puama Root Extract, Saw Palmetto Berry Extract, Sarsaparilla (root), Pumpkin Seed Extract, Nettle Root Extract, Tribulus terrestris Root Extract, Pygeum (bark), Fenugreek (seed).	
Riboflavin (Vitamin B2)	0.75 mg 44%	Proprietary Antioxidant Blend	120 mg †
Niacin (as Niacinamide)	7.5 mg 38%	Lycopene, Acerola Cherry (fruit), Beet (root), Rose (hips), Pine Bark Extract, Green Tea Leaf Extract, Grape Seed Extract.	
Vitamin B6 (as Pyridoxine Hydrochloride)	1.5 mg 75%	Proprietary Organic Antioxidant Blend	370 mg †
Folic Acid	190 mcg 48%	Organic Pomegranate, Organic Raspberry, Organic Blackberry, Organic Acai, Organic Cranberry, Organic Blueberry.	
Vitamin B12 (as Cyanocobalamin)	10 mcg 167%	Proprietary Amino Blend	2 g †
Biotin	120 mcg 40%	L-Arginine, L-Carnitine.	
Pantothenic Acid (as Calcium d-Pantothenate)	4 mg 40%	Proprietary Immune Blend	11 mg †
Calcium (as Calcium Carbonate, Calcium Citrate and Calcium Malate)	200 mg 20%	Reishi Mushroom, Maitake Mushroom, Shiitake Mushroom.	
Iron	1 mg 6%	Vanadium Chelavite	50 mcg †
Phosphorus (as Dipotassium Phosphate)	25 mg 3%		
Iodine (as Kelp)	22 mcg 15%		
Magnesium (as Magnesium Citrate)	125 mg 31%		
Zinc (as Zinc Glycinate Chelate)	7 mg 47%		
Selenium (as Selenium Amino Acid Chelate)	41 mcg 59%		
Copper (as Copper Gluconate)	1 mg 50%		

*Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Fructose, Banana, Natural Cherry Flavor, Carob, Silica, Stevia Extract.

Call 1-800-439-2324 for product information, or access our website: www.greentoday.com