No Artificial Colors, No Artificial Flavors, No Wheat, Gluten Free, No Dairy, Yeast Free.

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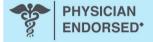
KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place. For More Information:



1-888-462-2548 SHOP NOW @ GNC.COM

Distributed by: **General Nutrition Corporation** Pittsburgh, PA 15222

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



*This product is endorsed by the GNC Medical Advisory Board. This team of esteemed physicians utilizes their extensive medical knowledge and experience to aid in the creation of GNC premium products, helping you to achieve optimal health through comprehensive nutritional support so you can live

GNC QUALITY COMMITMENT

For more than 79 years, GNC has been the leader in the development of superior nutritional supplements. Our products are produced using only fresh, high-quality ingredients and are manufactured under the strictest quality controls

GNC GUARANTEE

vour best life!

If you are not 100% completely satisfied, return the unused portion of the product with your receipt to a GNC store within 30 days. Our trained sales staff will either refund your purchase price or, if you prefer, assist you in finding a replacement product to help you LIVE WELL.



WOMEN'S **ULTRA MEGA®** without Iron & lodine



More antioxidant power than ever and over 30 clinically studied ingredients in every formula all in smaller, easier-to-swallow pills.

Women's Health

Contains a clinically studied women's multivitamin formula shown to work better than a basic multivitamin. Helps to support bone health.*

Antioxidants

Packed with antioxidants for cell protection and stress defense.*

Immune Support

Supports immune health with 30% more absorption of key immune and stress defense nutrients.

Beauty

Includes biotin to support healthy hair, skin and nails, as well as ingredients to support skin hydration and elasticity.*

In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blends for six weeks experienced significant improvements in serum levels of certain key nutrients compared to a placebo and a leading multivitamin formula based upon multivariate statistical analyses of a group of B vitamins (thiamin, niacin, riboflavin, pantothenic acid, biotin, folic acid and vitamins B-6 and B-12) and key antioxidants and carotenoids (a group of beta-carotene, alpha-tocopherol, selenium, lutein and lycopene). Statistical improvements in SF-36 Vitality and Mental Health scores were also observed compared to placebo.





WOMEN'S **ULTRA MEGA®** without Iron & lodine

Dietary Supplement

CLINICALLY STUDIED MULTIVITAMIN'

- Antioxidants
- Immune Support
- Beauty



Directions: As a dietary supplement, take two caplets daily with food.

Supplement Facts

Serving Size Two Caplets Servings Per Container 90

Super Antioxidant Blend

GABA (gamma-Aminobutyric Acid)

Vanadium (as Sodium Metavanadate

Amount Per Serving	9	% Daily Value	
Vitamin A (50% as beta-Carotene & 50% Retinyl Acetate)	5000 IU	1009	
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	200 mg	3339	
Vitamin D (as Cholecalciferol D-3)	1600 IU	4009	
Vitamin E (as Natural d-alpha Tocopheryl Acetate)	30 IU	1009	
Vitamin K (as Phytonadione)	80 mcg	1009	
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg	33339	
Riboflavin (Vitamin B-2)	50 mg	29419	
Niacin (as Niacinamide & Niacin)	50 mg	2509	
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg	25009	
Folic Acid	400 mcg	1009	
Vitamin B-12 (as Cyanocobalamin)	50 mcg	8339	
Biotin	300 mcg	1009	
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg	5009	
Calcium (as Calcium Carbonate & Calcium Ascorbate)	500 mg	509	
Magnesium (as Magnesium Oxide)	50 mg	139	
Zinc (as Zinc Oxide)	15 mg	1009	
Selenium (as L-Selenomethionine)	200 mcg	2869	
Copper (as Copper Sulfate)	2 mg	1009	
Manganese (as Manganese Sulfate)	2 mg	1009	
Chromium (as Chromium Chloride)	120 mcg	1009	
Molybdenum (as Sodium Molybdate)	75 mcg	1009	

alpha-Lipoic Acid 25 mg Lutemax® 2020 Lutein 2 mg Turmeric Root Extract (CurcuWIN")(Curcuma longa)(Standardized to Curcuminoids 500 mca Zeaxanthin (as Zeaxanthin Isomers) 400 mca Astaxanthin (from Haematococcus pluvialis) 50 mcg heta-Cryntoxanthin Fruit & Vegetable Blend Orange Peel Powder, Spinach Leaf Powder, Elderberry Fruit Powder, Acai Fruit Powder, Blueberry Pomace Powder, Cranberry Fruit

Powder Pomenranate Fruit Powder Roccoli Powder Tomato Powder Grane Skin Powder Carrot Powder Panava Fruit Powder

Pineapple Fruit Powder, Cauliflower Powder, Kale Leaf Powder, Apple Fruit Powder, Kiwi		
Beauty Blend		
Green Tea Leaf Extract (Camellia sinensis)(Standardized to Polyphenols)	14 mg	
Silica (as Silicon Dioxide)	4 mg	
Hyaluronic Acid (as Sodium Hyaluronate)	1 mg	
Grape Seed Extract (Vitis vinifera)(Standardized to Polyphenols)	1 mg	
Brain Health Blend		
Choline (as Choline Bitartrate)	10 mg	*
Inositol	10 mg	.*
Boron (as Sodium Borate)	2 mg	

Other Ingredients: Cellulose, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Titanium Dioxide (Natural Mineral Whitener), Natural Vanilla Mint Flavor, Talc, Chlorophyll, Stevia Leaf Extract.

CONTAINS: Fish and Sovbeans. WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.