

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.
For More Information:
1-888-462-2548

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Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

GNC

WOMEN'S ULTRA MEGA[®]

Dietary Supplement

CLINICALLY STUDIED MULTIVITAMIN*

- Antioxidants
- Immune Support*
- Beauty



PHYSICIAN
ENDORSED*

Timed-Release
28 CAPLETS

CODE 202415

Directions: As a dietary supplement, take two caplets daily with food.

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Supplement Facts

Serving Size Two Caplets
Servings Per Container 14

Amount Per Serving	% Daily Value
Vitamin A 5000 IU	100%
(50% as beta-Carotene & 50% Retinyl Acetate)	
Vitamin C 200 mg	333%
(as Ascorbic Acid & Calcium Ascorbate)	
Vitamin D (as Cholecalciferol D-3) 1600 IU	400%
Vitamin E 30 IU	100%
(as Natural d-alpha Tocopheryl Acetate)	
Vitamin K (as Phylloquinone) 80 mcg	100%
Thiamin 50 mg	3333%
(Vitamin B-1)(as Thiamin Mononitrate)	
Riboflavin (Vitamin B-2) 50 mg	2941%
Niacin (as Nicotinamide & Niacin) 50 mg	250%
Vitamin B-6 50 mg	2500%
(as Pyridoxine Hydrochloride)	
Folic Acid 400 mcg	100%
Vitamin B-12 (as Cyanocobalamin) 50 mcg	833%
Biotin 300 mcg	100%
Pantothenic Acid 50 mg	500%
(as Calcium d-Pantothenate)	
Calcium 500 mg	50%
(as Calcium Carbonate & Calcium Ascorbate)	
Iron (as Ferrous Sulfate) 18 mg	100%
Iodine (as Potassium Iodide) 150 mcg	100%
Magnesium (as Magnesium Oxide) 50 mg	13%
Zinc (as Zinc Oxide) 15 mg	100%
Selenium (as L-Selenomethionine) 200 mcg	286%
Copper (as Copper Sulfate) 2 mg	100%
Manganese (as Manganese Sulfate) 2 mg	100%
Chromium (as Chromium Chloride) 120 mcg	100%

Amount Per Serving	% Daily Value
Molybdenum (as Sodium Molybdate) 75 mcg	100%
Super Antioxidant Blend	
alpha-Lipoic Acid 25 mg	*
Lutemax [®] 2020 Lutein 2 mg	*
Lycopene 1 mg	*
Turmeric Root Extract (Curcumin [™]) 500 mcg	*
(Curcuma longa)(Standardized to Curcuminoids)	
Zeaxanthin (as Zeaxanthin Isomers) 400 mcg	*
Astaxanthin 50 mcg	*
(from Haematococcus pluvialis)	
beta-Cryptoxanthin 10 mcg	*
Fruit & Vegetable Blend	
Orange Peel Powder, Spinach Leaf Powder, Elderberry Fruit Powder, Acai Fruit Powder, Blueberry Pomace Powder, Cranberry Fruit Powder, Pomegranate Fruit Powder, Broccoli Powder, Tomato Powder, Grape Skin Powder, Carrot Powder, Papaya Fruit Powder, Pineapple Fruit Powder, Cauliflower Powder, Kale Leaf Powder, Apple Fruit Powder, Kiwi Fruit Powder	
Beauty Blend	
Green Tea Leaf Extract 14 mg	*
(Camellia sinensis)(Standardized to Polyphenols)	
Silica (as Silicon Dioxide) 4 mg	*
Hyaluronic Acid (as Sodium Hyaluronate) 1 mg	*
Grape Seed Extract (Vitis vinifera) 1 mg	*
(Standardized to Polyphenols)	
Brain Health Blend	
Choline (as Choline Bitartrate) 10 mg	*
Inositol 10 mg	*
Boron (as Sodium Borate) 2 mg	*
GABA (gamma-Aminobutyric Acid) 1 mg	*
Vanadium (as Sodium Metavanadate) 10 mcg	*

* Daily Value not established.

Other Ingredients: Cellulose, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Titanium Dioxide (Natural Mineral Whiteners), Natural Vanilla Mint Flavor, Talc, Chlorophyll, Stevia Leaf Extract.

CONTAINS: Fish and Soybeans.

Lot No./Best By:

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