Vitamin C is a water-soluble vitamin that helps fight free radicals, which can lead to acidative stress and the premature aging of cells. One of its primary functions is collagen formation, which is important for collagen formation, which is important even the collagen formation, which is important plays an assential role in the functioning of white blood cells, which are vital components of the immune system." This formula is offered in a chewable desage form, which contains only 1gram of sugar per serving.

"These statements have not been evaluated by the Food and Drug Administ This product is not intended to diagnose, treat, cure or prevent any disease.

Carefully Manufactured by: Solgar, Inc. 500 Willow Tree Road Leonia, NJ 07605 U.S.A.

For more information, call toll-free 1-877-SOLGAR 4

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VITAMIN C 500 MG



DIETARY SUPPLEMENT

ONLY 1g OF SUGAR PER SERVING Supplement Facts
Serving Size: 1 Chewable Tablet

Amount Per Serving		%DV
Calories	10	
Total Carbohydrate	2 g	1%**
Sugars	1 g	
Vitamin C (as sodium ascorbate, L-ascorbic acid, calcium	500 mg ascorbate)	833%
Sodium	30 mg	1%
Asserbs Enteres (ferris)	10	

Other Ingredients: Sucrose, Fructose, Microcrystalline

Cellulose, Xylitol, Natural Flavors, Red Beet (color),

Vegetable Stearic Acid, Silica, Vegetable Magnesium

FREE OF: Gluten, Wheat, Dairy, Sov. Yeast,

2.000 calorie diet.

\*\*\*Daily Value (DV) not established

Stearate, Xanthan Gum, Carrageenan,

Artificial Flavor and Preservatives

Rose Hips (fruit) 4 mg \*\*\*

\*\*Percent Daily Values (DV) are based on a

Solgar's KOF-K certification #K-1250

SUGGESTED USE: As a dietary supplement

for adults, chew one (1) tablet up to two

times daily, preferably with a meal or as

If you are preanant, nursing, taking any

medications or have any medical condition, please

consult your healthcare practitioner before taking

any dietary supplement. Discontinue use and

consult your healthcare practitioner if any adverse

reactions occur. Keep out of reach of children. Store

at room temperature. Do not use if outer bottle seal

is missing or damaged.

directed by a healthcare practitioner.

